

Operational Plan for ARPA funding: Grants 1 and 2: Washington, D.C. Adult Protective Services

<b>State/Territory/District</b>	District of Columbia
<b>Contact</b>	Dari Pogach
<b>Budget Allocation</b>	\$398,969
<b>Timeline</b>	<p>AMERICAN RESCUE PLAN ACT (ARPA) OF 2021- Grant 1  <b>August 2021 – September 2023</b> \$129,080</p> <p>AMERICAN RESCUE PLAN ACT OF 2021 - Proposed Grant 2  <b>August 2022 – September 2024</b> = \$140,809 (Covid Amount) + \$129,080 (ARPA 1 Amount) = \$269,889</p>
<p><b>Vision 2025</b></p> <p>The Vision clarifies what your ARPA Grant 1 Program aspires to become and to achieve. It is designed to inspire by providing a picture of where the program is heading in <b>3-5</b> years.</p> <p><b>Note:</b> If you are a part of a larger organization, does it have its own future vision? If so, you may want to adapt it to your own program.</p>	<p>APS services are designed to establish and/or strengthen appropriate family and social support systems to protect adults at risk of abuse, neglect, self-neglect, or exploitation and to prevent the occurrence of abuse, neglect, or exploitation.</p>

## Mission Statement

Mission and Values statements can be an effective tool to educate the public; state and local government officials; state government agencies; provider agencies; and service recipients as to what the Adult Protective Services is and how they do business.

Mission Statements answer four key questions about your APS Program:

- Who do we serve?
- What needs do they have that we can fulfil?
- How do we meet those needs? How do we make the clients' lives better?
- Does it link directly to the Vision Statement?

**Note:** if you are a part of a larger organization, does it have its Mission Statement? If so, you may want to adapt it for your own program.

APS is a crisis-centered and investigation-based division established to determine the validity of alleged abuse, neglect, self-neglect, and exploitation of individuals who are residents of the District of Columbia, 18 years and older, and may have an intellectual and/or physical disability.

APS provides social services and crisis intervention to meet the needs of abused, neglected, self-neglected, and exploited adults, with a goal to mitigate immediate risk(s) as well as promote safety and well-being, while espousing collaboration, respect, accountability, and compassion.

**Guiding Principles / Core Values**

Guiding Principles or Core Values guide internal processes and client interactions for your APS Program.

**Note:** if you are a part of a larger organization, does it have its own set of Guiding Principles or Core Values? If so, you may want to adapt it for this program.

- APS will advocate, within the confines of its statutory mandate, for the right of an adult to make his or her own choices even when the community or family may oppose these choices.
- APS will always use the least restrictive and least intrusive intervention necessary to protect the adult and stabilize the situation is the most appropriate.
- APS clients, and all adults, have the right to make their own decisions unless they delegate that responsibility voluntarily or the court grants that responsibility to another individual.
- Adult abuse, neglect, self-neglect, or exploitation are primarily social problems and their resolution, for the most part, should be sought through the provision of social services and medical services rather than through the legal system.
- Services that support and strengthen the adult’s informal support system are vital to the protection of adults who are at risk of abuse, neglect, self-neglect, or exploitation.
- Legal action is considered only after all other alternatives have been explored. When legal intervention is required, the least restrictive means of intervention should be used.

**Goals for Program Improvement**

These are goals to be obtained in order to move your APS program from current practices to your Vision.

Now that you have new funds targeted for your work with APS, what can be enhanced or improved in your current program? These goals must meet the APS Formula Grant requirements. It is recommended these goals become SMART goals (specific, measurable, actionable, and timely).

Using the results of your Environmental Scan, identify key issues that need to be addressed during this planning cycle.

These are goals to move your APS Program from current practices to your Vision #1.

- 1) Develop a deeper and more nuanced understanding of who APS serves, and which populations APS is not reaching and/or serving.
- 2) Promote the rights of older adults and people with disabilities to decision supports that will allow them to maintain independence and continue to make their own choices.
- 3) Support APS staff in seeing themselves as an integral part of the Department of Aging and Community Living and as providing crucial services to D.C. residents.
- 4) Increase access to available resources for clients and social workers.

**Targeted Improvement Projects**

Using the results of your Environmental Scan and PESTEL, describe the targeted improvements and enhancements needed for this planning cycle.

Your improvements should be concrete, measurable, and complete.

**WHY** is this improvement needed?

What **Purpose** or **NEED** will it fill?

What **RESOURCES** will be used?

What **ACTIVITIES** will it entail?

What are the direct **OUTPUTS** of the activities? What are the intended results and how will clients benefit?

*See example on next page.*

- 1) Intake Redesign
- 2) Services to Clients
- 3) Staff Trainings
- 4) Assessment of Capacity Evaluation Practices
- 5) Gap filling in-home services
- 6) Structured Decision-Making (SDM)

EXAMPLE: Illustrate targeted improvements using a Logic Model Framework

Purpose/Needs to be filled by ARPA Funds	Inputs (Resources Deployed)	Activities	Outputs from Investment	Short-Term Outcomes	Long-Term Outcomes
<p>Based on the results of your Environmental Scan and PESTEL, what <i>needs</i> of your APS Program will be served by the ARPA funds?</p> <p>Should be a clear “connection” with the Environmental Scan items.</p>	<p>People, financial, organizational, or community resources Directed toward doing the activity.</p>	<p>Improvement Projects</p> <p>Identify the “What” for each targeted improvement, with enough context and information to explain.</p>	<p>Direct products of program activities. May include types, levels, and targets of services to be delivered by the program.</p> <p>Examples include number of people served, number of events held, and number of units of service provided.</p>	<p>Specific changes in behavior, knowledge, skills, status, or level of functioning in 1 year.</p> <p>Internal Benefits.</p>	<p>Specific changes in behavior, knowledge, skills, status, or level of functioning.</p> <p>Long-Term outcomes should be achievable within the 2-to-5-year timeframe of grants.</p> <p>Benefits to your Clients.</p>
<p>Update current intake system to use best practices</p>	<p><b>\$35,000</b> Fulltime program manager devoted to APS</p>	<p><b>ARPA 1 Project 1:</b> Intake Redesign</p>	<p>Training Guides for internal APS trainers on intake procedures;</p>	<p>More thorough referrals to other agencies to provide most appropriate</p>	<p>Data analysis of referral sources and populations referred with a focus on identifying underserved populations; social workers will</p>

and reach targeted populations		Revamp intake practices to integrate formalized processes instead of relying exclusively on social workers' opinions.	integration of new data system with intake practices	services; identification of common characteristics of cases; identification of referral sources; more efficient internal referrals to investigations	have more time for serving clients; enhanced interagency communication and referrals.
Address continually growing need for more services for people with hoarding disorders	<b>\$36,080</b> Additional, more restricted funds available for heavy housecleaning	<b>ARPA 1 Project 2:</b> Services to Clients Provide heavy duty cleaning, limited hotel stay for clients who need to vacate their homes during cleaning or debugging and limited minor home repairs	Heavy housecleaning services for clients	Alleviate social workers' stress in finding services for this population	Support an interagency effort to address the needs of people with hoarding disorder
Improve staff moral which has been depleted by an agency move and COVID	<b>\$58,000</b> Appointment of a new Community Services Administrator committed to supporting staff;	<b>ARPA 1 Project 3:</b> <b>Staff Training</b> – 25% FTE for Training Coordinator; identify	CEUs for social workers  Development of trainings that can be	Increased morale, more attention to best practices in serving clients  Better understanding of the legal basis for	Social workers support client self-determination and learn skills for specific needs such as hoarding or homeless services

	pilot home health aide program for APS clients	trainings that can provide APS social workers with required CEUs and update staff on best practices. We plan to send several social workers to the 2022 NAPSA conference where they can learn more about best practices and meet APS social workers from other states and begin to see themselves as part of a national network.	used yearly and for new staff  Fulltime Training Coordinator who can lead Person Centered Trainings (PCT)	appointment of a guardian and increased knowledge of other decision supports.  Social workers can share what they learned from trainings with each other	
Assess capacity evaluation procedure and process to	<b>\$39,889</b> On retainer experienced psychologist provides most	<b>ARPA 2 Project 1: Assessment of Capacity Evaluation Practices</b>	Standardize capacity assessment protocol to ensure best practices continue	Exploration of capacity evaluation, update on current best practices	Reduce infringements upon individuals' rights to make their choices



ensure APS is ensuring the self-determination of clients whenever possible, including only pursuing guardianships when necessary	capacity evaluations for guardianship petitions	Determine whether current practices lead to unnecessary and/or overly restrictive guardianships	when professionals change		
Engage with national discussion on APS best practices, look to neighborhood jurisdictions to ensure appropriate referrals	<b>\$50,000</b> New training coordinator for all social services divisions at the agency	<b>ARPA 2 Project 2: Staff Training</b> Identify trainings that can provide APS social workers with required CEUs and update staff on best practices.	Enhanced staff social work skills	learn from other jurisdictions to improve services	Use best practices to better serve clients, develop a culture of continuous improvement and creativity in finding solutions for clients
Fill in gaps for in home services	<b>\$130,000</b> Existing funds for heavy house cleaning	<b>ARPA 2 Project 3: Gap filling in home services</b> Funding for temporary home health aides,	Avoid more restrictive placement by addressing emergencies	Empower social workers to come up with creative solutions, expand social workers' toolbox	Evaluate which services are the most in demand and consider expanded program and/or legislation

		companions, medication management etc.			
Identify purpose and scope of Structured Decision-Making (SDM) Tool	<b>\$50,000</b>  Use ACL Covid-19 funds to integrate SDM tool in new database system	<b>ARPA 2 Project 4 Structured Decision Making</b> Engage the National Council on Crime and Delinquency to retrain staff on SDM. Evaluate how to best use an SDM tool in APS practice.	Reengagement with SDM tool.	Create more consistent approaches to cases with use of the same tool in every case	Increased knowledge of SDM tool, give social workers a framework for every case to alleviate concerns about mishandling cases, prevents unnecessary APS investigations that create intrusions into individuals' privacy and autonomy, and expedites investigations to address emergencies faster

**Budget / Spending Plan for ARPA funds – Semi-annually for 3 to 5 years**

Budget/Spending Plan will be used to enhance, improve, and expand the ability of APS workers to investigate allegations of abuse, neglect, and exploitation. Be sure to use separate line items for each major improvement project.

Operational Plan Submission due by **January 31, 2022**.

**ARPA 1- First Grant Allocation - August 2021 - September 2023**

	Description	2022 Period 1	2022 Period 2	2023 Period 1	2023 Period 2	Total
Project 1	Intake Redesign	\$35,000				\$35,000
Project 2	Services to Clients		\$36,080			\$36,080
Project 3	Staff Training		\$32,485.54	\$25,514.46		\$58,000
<b>Total</b>		<b>\$35,000</b>	<b>\$68,565.54</b>	<b>\$25,514.46</b>		<b>\$129,080</b>

**ARPA 2- Second Grant Allocation - August 2022 September 2024**

	Description	2023 Period 1	2023 Period 2	2024 Period 1	2024 Period 2	Total
Project 1	Assessment of Capacity Evaluation Practices	\$19,000	\$20,889			\$39,889
Project 2	Staff Training and Engagement with APS in other jurisdictions	\$15,000	\$15,000	\$10,000	\$10,000	\$50,000
Project 3	Gap filling in home services	\$60,000	\$70,000			\$130,000
Project 4	Structured Decision-Making (SDM)	\$50,000				\$50,000
<b>Total</b>		<b>\$144,000</b>	<b>105,889</b>	<b>\$10,000</b>	<b>\$10,000</b>	<b>\$269,889</b>

**Summary of ARPA 1 + ARPA 2 Expense**

	2022 Period 1	2022 Period 2	2023 Period 1	2023 Period 2	2024 Period 1	2024 Period 2	Total
<b>Summary</b>	\$35,000	\$68,565.54	\$169,514. 46	\$105,889	\$10,000	\$10,000	<b>\$398,969</b>