Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Develop or expand capacity to significantly increase the number of older adults and adults with disabilities, particularly those in underserved areas/populations, who participate in evidence-based chronic disease self-management education and self-management support programs to empower them to better manage their chronic conditions.

- **Goal 2:** Enhance the sustainability of evidence-based chronic disease self-management education and self-management support programs through the implementation of robust sustainability strategies.

Strategies and Activities

RIPIN (Rhode Island Parent Information Network) and its partners will:

- Pilot a Medicaid billing model utilizing Community Health Workers (CHW) to deliver Chronic Disease Self-Management and Chronic Pain Self-Management.

- Engage Medicaid and Medicare eligible Rhode Islanders living in urban core communities of Providence, Woonsocket, Pawtucket and Central Falls.

- Assist trained leaders in achieving Community Health Worker Certification (CHW).

- Cross-train RIPIN and Prospect CHW staff in CDSMP and CPSMP.

- Develop HIPAA (Health Insurance Portability Accountability Act) compliant registration system.

- Enroll as a Medicaid supplier with the State of Rhode Island.

- Develop marketing and outreach strategy targeting 400 Providers and 3,000 consumers.

- Implement Plan-Do-Study Act (PDSA) cycles for continuous improvement

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)
• Chronic Pain Self-Management Program (CPSMP)
• Walk with Ease (WWE)

Partnerships

To achieve the goals of the grant, RIPIN will collaborate with the following key partners:

• AgeSpan
• Own Your Health Collaborative
• Progreso Latino
• Prospect Health Systems
• RI Department of Health
• RI Executive Office of Health and Human Services
• RI Geriatric Education Center
• RI Office of Healthy Aging

Anticipated Results

RIPIN and its partners propose to achieve the following results:

• Engage 1,350 participants in Self-Management workshops (CDSMP, CPSMP).
• Achieve 78% participant completion rate in CDSMP and CPSMP.
• Receive reimbursement from Medicaid for 75% of workshops by year 3
• Deliver 10% of workshops in Spanish
• Decrease total cost of care, ED (emergency departments) use and inpatient days related to the chronic disease triggering condition for 10% of Prospect participants
• Increase by 10% Prospect participants connected to primary care

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