

Rush University Medical Center

Chronic Disease Self-Management Education Program Grantee



Goals

The overall purposes of this 3-year grant are to:

- Goal 1: Develop or expand capacity to significantly increase the number of older adults and adults with disabilities, particularly those in underserved areas/populations, who participate in evidence-based chronic disease self-management education and self-management support programs to empower them to better manage their chronic conditions.
- Goal 2: Enhance the sustainability of evidence-based chronic disease self-management education and self-management support programs through the implementation of robust sustainability strategies.

Strategies and Activities

Rush University Medical Center and its partners will:

- Engage uninsured and Medicaid-insured individuals with chronic conditions and chronic pain residing in the West Side of Chicago, IL in CDSME

- Integrate CDSME programming into the West Side Health Equity Collaborative (WSHEC) Medicaid Transformation Project
- Increase implementation sites of CDSME through training leaders from 10 new community sites
- Generate 1,500 referrals to CDSME programs

Proposed Interventions

- Cancer: Thriving and Surviving (CTS)
- Chronic Disease Self-Management Program (CDSMP)
- Chronic Pain Self-Management Program (CPSMP)
- Diabetes Self-Management Program (DSMP)
- Manejo Personal de la Diabetes
- Tomando Control de su Salud
- Walk With Ease
- WRAP for Seniors

Partnerships

To achieve the goals of the grant, Rush University Medical Center will collaborate with the following key partners:

Prevention and Public Health Fund 2022, effective May 1, 2022



- West Side Health Equity Collaborative Medicaid Transformation Project
- Medical Home Network
- West Side United
- ALIVE West Side Church Network

- Expand the number of delivery sites of CDSME through training 10 new organizations in CDSME programming

Anticipated Results

Rush University Medical Center and its partners propose to achieve the following results:

- Engage 800 uninsured and Medicaid-insured individuals in the West Side of Chicago in CDSME
- Achieve a 72% completion rate in overall CDSME programming
- Expand the identification and successful referral of participants to CDSME through the generation of 1,500 referrals

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