Rush University Medical Center
Chronic Disease Self-Management Education Program Grantee

Goals

The overall purposes of this 3-year grant are to:

• Goal 1: Develop or expand capacity to significantly increase the number of older adults and adults with disabilities, particularly those in underserved areas/populations, who participate in evidence-based chronic disease self-management education and self-management support programs to empower them to better manage their chronic conditions.

• Goal 2: Enhance the sustainability of evidence-based chronic disease self-management education and self-management support programs through the implementation of robust sustainability strategies.

Strategies and Activities

Rush University Medical Center and its partners will:

• Engage uninsured and Medicaid-insured individuals with chronic conditions and chronic pain residing in the West Side of Chicago, IL in CDSME

• Integrate CDSME programming into the West Side Health Equity Collaborative (WSHEC) Medicaid Transformation Project

• Increase implementation sites of CDSME through training leaders from 10 new community sites

• Generate 1,500 referrals to CDSME programs

Proposed Interventions

• Cancer: Thriving and Surviving (CTS)

• Chronic Disease Self-Management Program (CDSMP)

• Chronic Pain Self-Management Program (CPSMP)

• Diabetes Self-Management Program (DSMP)

• Manejo Personal de la Diabetes

• Tomando Control de su Salud

• Walk With Ease

• WRAP for Seniors

Partnerships

To achieve the goals of the grant, Rush University Medical Center will collaborate with the following key partners:

Prevention and Public Health Fund 2022, effective May 1, 2022
• West Side Health Equity Collaborative
  Medicaid Transformation Project
• Medical Home Network
• West Side United
• ALIVE West Side Church Network

Anticipated Results

Rush University Medical Center and its partners propose to achieve the following results:

• Engage 800 uninsured and Medicaid-insured individuals in the West Side of Chicago in CDSME
• Achieve a 72% completion rate in overall CDSME programming
• Expand the identification and successful referral of participants to CDSME through the generation of 1,500 referrals
• Expand the number of delivery sites of CDSME through training 10 new organizations in CDSME programming

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