



**The National
Resource Center on
Nutrition & Aging**

GETTING SMARTER WITH THE NRCNA

UCHEOMA AKOBUNDU, DIRECTOR

June 18, 2019

OVERVIEW

- Introduction to the NRCNA and NRCNA Team
- How Does This Online Resource Help You?
- Let's Look at the NRCNA Website
- What's Next for 2019





**The National
Resource Center on
Nutrition & Aging**

**OUR MANDATE AND
OUR JOURNEY**

NRCNA GOAL AND PURPOSE

- *Primary goal of the NRCNA is to:*
 - Equip the network with timely, relevant, high quality education and training opportunities for nutrition and aging professionals across the Network.
- *Our Purpose is to:*
 - **Strengthen** the capacity of the aging services network to provide nutrition services for both current and future older adult populations;
 - **Integrate** the aging network into the home- and community-based service system, and
 - Provide **training** and **technical assistance** to the aging network regarding nutrition services.



NRCNA OBJECTIVES

- Create and effectively *disseminate applicable resources* for use by the experienced and inexperienced Aging Network nutrition professional;
- Conduct targeted *outreach and marketing* to State Units on Aging, Area Agencies on Aging, and Nutrition Program providers – based on their training and technical assistance needs, and
- Assist in the solving of technical assistance problems and enable *peer learning* for States' Units on Aging, Area Agencies on Aging and Nutrition Program providers.



YOUR NRCNA TEAM



Sammi
Heffron



Sharron
Corle



Uche
Akobundu

The National Resource Center on Nutrition and Aging (NRCNA) is hosted by Meals on Wheels America as part of a cooperative agreement with the Administration for Community Living.



HOW DOES THE NRCNA HELP YOU?

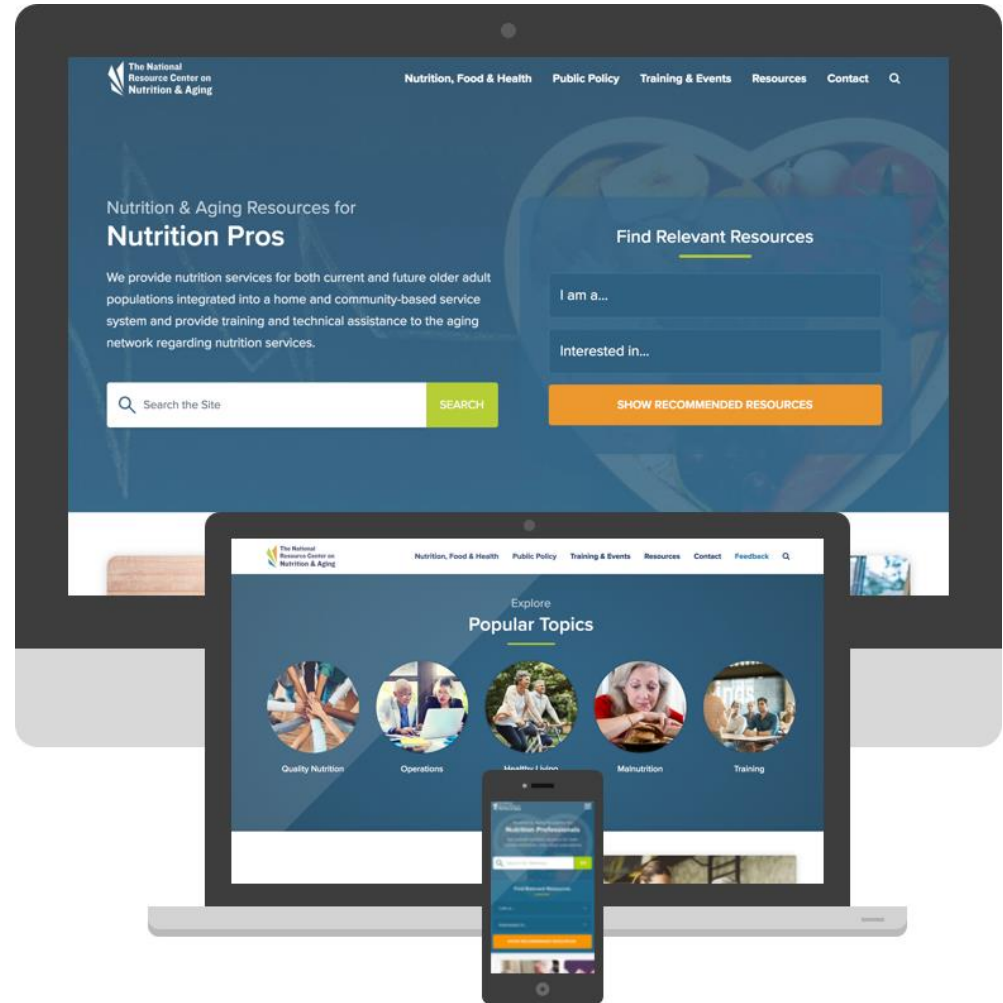
Areas of focus for the NRCNA regarding our programming:

- Nutrition and Aging
 - Trends
- Food service and operations
 - Innovation
 - Practice- and evidence-informed strategies
- Smart business
 - Business acumen
 - Sustainability
 - Social entrepreneurship



RESOURCES AVAILABLE 24/7/365

- Easy access to resources, research, tools and training.



NEW TO THE NRCNA? CHECK OUT THE USER GUIDE

[Nutrition, Food & Health](#)[Public Policy](#)[Training & Events](#)[Resources](#)[Contact](#)[Feedback](#)

The National Resource Center on Nutrition and Aging

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[About Us](#)[New User Site Guide](#)

Administration for Community Living

The U.S. Department of Health and Human Services (HHS) created the Administration for Community Living in 2012. ACL brings together the efforts and achievements of the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the HHS Office on Disability to serve as the Federal agency responsible for increasing access to community supports and focusing attention and resources on the unique needs of older Americans and people with disabilities across the lifespan.

Meals on Wheels America

Meals on Wheels America is the oldest and largest national organization supporting the more than 5,000 community-based senior nutrition programs across the U.S. that are dedicated to addressing senior hunger and isolation.

Get Updates Delivered To Your Inbox

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**The National
Resource Center on
Nutrition & Aging**

Website Tour

ACCESS TO CURATED RESOURCES

[Nutrition, Food & Health](#)[Public Policy](#)[Training & Events](#)[Resources](#)[Contact](#)

Nutrition & Aging Resources for **Nutrition Professionals**

Resources for current and future older adult populations and nutrition training and technical assistance to the aging network.

Find Relevant Resources

[SHOW RECOMMENDED RESOURCES](#)[SEARCH](#)

KEY TOPIC AREAS

[Nutrition, Food & Health](#)[Public Policy](#)[Training & Events](#)[Resources](#)[Contact](#)

Nutrition & Aging Resources for Nutrition Professionals

Resources for current and future older adult populations and nutrition training and technical assistance to the aging network.

Search the Site

SEARCH

Find Relevant Resources

I am a...

Interested in...

SHOW RECOMMENDED RESOURCES



Combating Malnutrition



Consumer Education
Materials



Pre-Conference
Workshop Signup



New Issue Briefs

[View Recent Updates](#)



The National Resource Center on Nutrition & Aging

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POPULAR TOPICS

Explore Popular Topics



Quality Nutrition



Operations



Healthy Living



Malnutrition



Training



Public Policy



Data & Stats



Sample Forms



Toolkits



Health

[More Topics](#)

BE SURE TO CHECK OUT:

- About Us Section
- Resource Collections – Top of Page
 - ✓ Widgets
- Issue Brief Collection
- [Social Determinants of Health Card Game](#)





**The National
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LET'S GO TAKE A LOOK AT THE NRCNA SITE

WE ARE HERE FOR YOU

- Need help while on the site?
 - Getting help while you search is easier than ever.
 - Click on this hovering button to submit a question!



- Rate our Resources
 - Now you can let us know what you think of the resources on the site.
 - Please rate how helpful each resource is to you.

Helpful?


Yes

No



SAY HELLO, ASK A QUESTION

- We like to hear from you!



The National
Resource Center on
Nutrition & Aging

Nutrition, Food & HealthPublic PolicyTraining & EventsResourcesContact

Q

Contact Us

BY MAIL
1550 Crystal Drive
Suite 1004
Arlington, VA 22202

BY PHONE
Phone: (703) 548-5558
Fax: (703) 548-8024

Select Your Topic

Select Your Topic

General Inquiry


Report a Problem

Send Feedback

Submit Resource

Email

☐ I'm not a robot


reCAPTCHA
[Privacy](#) - [Terms](#)

Message

Send Message



SHARING IS CARING



The National
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TWITTER

[@NRCNA_engAging](#)



Submit Resource

Name

Email

Resource Author

Resource Publisher

Resource Description



COMING SOON: REPORTS AND TRAINING

Resources

- Reports
- E-Learning Modules
- Toolkits
- News You Can Use Blog

Webinars

- Disaster Preparedness
- Business Innovation
- Culinary and Geriatric Nutrition (TBA)

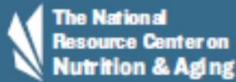


DISASTER PREPAREDNESS WITH THE RED CROSS



- **What:** Webinar
- **When:** June 27, 2019 @ 3:30pm ET
- **Speaker:** Monica Montoya, Partnerships Manager, Disaster Cycle Services, American Red Cross





Virtual & In-Person Training Series

SUMMER 2019

IMAGINING AN
INNOVATIVE AND
SUSTAINABLE
FUTURE
THROUGH
CREATIVE
THINKING



REGISTRATION INFORMATION
www.nutritionandaging.org/signup

PART 1:

VIRTUAL SESSION:
INNOVATION 101
JULY 23, 2019 @ 3:30PM

PART 2:

INTENSIVE WORKSHOP:
PRACTICAL APPLICATIONS IN
CREATIVE IDEATION
AUGUST 26, 2019 @ 1:30PM

PART 3:

VIRTUAL SESSION – LAUNCHING
YOUR INNOVATION JOURNEY
OCTOBER 2, 2019 @ 3:30PM



NEW EVENT



Nourishing Seniors Through Medically Tailored Meals

- **What:** Online Webcast and In-person Convening
- **When:** Thursday August 8, 2019
- **Where:** Crystal City, Virginia
- **To Register for Webcast:** [Click here](#)



FOLLOW US ON TWITTER

@NRCNA_enAging

The National Resource Center on Nutrition & Aging
@NRCNA_engAging Follows you

Resources for current and future older adult populations and [#nutrition](#) training and technical assistance to the [#aging](#) network.

📍 Washington, DC
🌐 nutritionandaging.org
📅 Joined October 2018

Tweets 178 Following 182 Followers 88 Likes 157

Tweets Tweets & replies Media

📌 Pinned Tweet

The National Resource Center on Nutrition & Aging @NR... · 29 Oct 2018 ✓

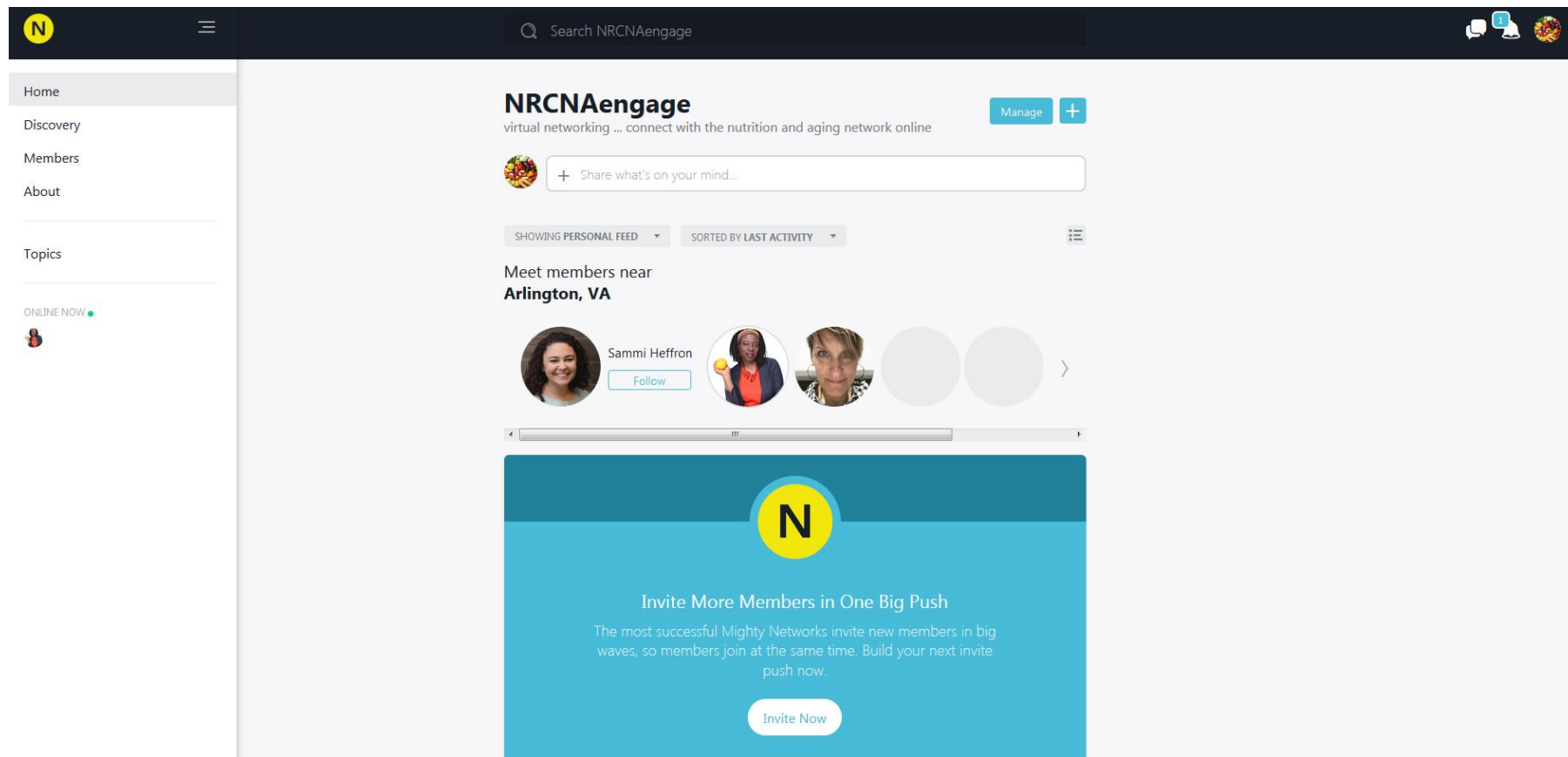
Welcome to The National Resource Center on Nutrition & Aging. We are here to provide resources for current & future older adult populations, [#nutrition](#) training & technical assistance to the [#aging](#) network. Check us out here:



National Resource Center on Nutrition and Aging
Designed to assist the national aging network, including local nutrition programs as well as national associations and state and regional agencies...
nutritionandaging.org

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NRCNAENGAGES – TBA – STAY TUNED



THANK YOU | Q & A



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Please complete the webinar evaluation!

