



**The National
Resource Center on
Nutrition & Aging**

WELCOME!



PRE-CONVENING WEBINAR

PREPARING FOR “NOURISHING PARTNERSHIPS”

March 12, 2019

**POLL #1: WHAT IS YOUR GOAL FOR
ATTENDING THE CONVENING?**

NOURISHING PARTNERSHIPS

- Meredith Ponder Whitmire, JD
 - NANASP, Washington, DC
- Uche Akobundu, PhD, RD
 - National Resource Center on Nutrition and Aging, Arlington, VA



AGENDA

- Welcome
- Brief Introductions
- Background
- Overview of Day
- Take Aways
- Questions and Answers



BACKGROUND

- The National Resource Center on Nutrition and Aging (NRCNA) is hosted by Meals on Wheels America as part of a cooperative agreement with the Administration for Community Living.
- Subgrant to NANASP from the NRCNA in October 2018;
- Project to study the future of congregate meals programs;
- Products to include convening, proceedings, two virtual summits, listserv, Leaders Lab, and targeted resources (i.e., policy/issue briefs, white papers, literature review, etc).



WHY WAS I INVITED?

- We selected you because you:
 - Lead an innovative senior nutrition program;
 - Are a subject-matter expert;
 - Bring a unique and important perspective to the Convening;
 - All of the above!



BENEFITS TO ATTENDING

By participating in the webinar you will be able to:

- Summarize the needs, goals, values and aspirations of congregate nutrition program providers and stakeholders;
- Discuss opportunities to build upon existing and future assets, best practices and emerging trends.
- Contribute to the development of a multi-year roadmap and a vision for needed tools, resources and training for community-based nutrition programs.



BENEFITS TO ATTENDING

By attending the Convening you:

- Will access a unique networking event with peers, representatives of national and local organizations, and Administration for Community Living staff,
- Will have opportunities to review and contribute to the development of key reports and resources to benefit the Aging Network as a whole, and
- Will be well-positioned to participate in future in-person and online convenings.



**POLL #2: WHAT EXCITES YOU MOST
ABOUT PARTICIPATING IN THE
CONVENING?**



**ABOUT THE
NOURISHING PARTNERSHIPS
CONVENING**

OVERVIEW OF DAY

- 7-8 am: Check-in and light breakfast
- 8-8:30 am: Opening keynote – Lance Robertson
- 8:30-10 am: Instructions, Breakout #1
- 10-10:15 am: Break
- 10:15 am-12 pm: Breakout #2
- 12-1 pm: Lunch!
- 1-2:30 pm: Breakout #3
- 2:30-2:45 pm: Break
- 2:45-4 pm: Breakout #4
- 4-4:30 pm: Closing keynote – Bob Blancato and Ellie Hollander



BREAKOUTS #1-2

- #1: Root Cause Analysis Breakout Session
 - Think about: What challenges face our network and why?
- #2: Team-Based Asset Mapping
 - Think about: What are your program's assets? What are your gaps in service?
 - Partners: Traditional, non-traditional, “wish list”
 - Resources: Funding, volunteers, programming
 - Competitors in your space
 - Other assets?



BREAKOUTS #3-4

- #3: Opportunities and Solutions
 - Think about: Identifying opportunities and solutions
 - What is most important to do?
 - What do we need/want to do?
 - What do we know how to do?
 - What can we do? Is it feasible?
- #4: Team-Based Exercises
 - Process for moving forward
 - Grouped by program size/expertise
 - Identify solutions to tangibly work on both at program and at national level



OTHER THINGS TO KEEP IN MIND

- Wear comfortable clothing and shoes.
- Come ready to discuss these questions and actively participate.
- Bring business cards!



QUESTIONS YOU MAY HAVE

- How can I prepare optimally for this event?
- What if I don't run a senior nutrition program? How can I contribute?
- What if I have additional insights and information to share after the Convening – how can those also be captured?



TAKE AWAYS

- This is an important and first of its kind event.
- This is one event in a series of engagements we plan to have with key stakeholders from across the Aging Network.
- Your active engagement and contributions to the discussion at the Convening and subsequent events is key to our collective success.
- Stay tuned and stay engaged!



QUESTIONS AND ANSWERS



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UPCOMING WEBINARS

HEALTHCARE POLICY AND PRACTICE OPPORTUNITIES FOR SENIOR NUTRITION PROGRAMS

- WEDNESDAY, MARCH 13, 2019
- Part 1: The Evolving Healthcare Legislation Landscape
- THURSDAY, MARCH 19, 2019
- Part 2: Launching An In-home Medical Nutrition Therapy Program
- To learn more and to register, please visit:
<https://nutritionandaging.org/training/>





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THANK YOU!