National Strategy to Support Family Caregivers

A roadmap to improved services and supports for family caregivers

Family caregivers include people of all ages, from youth to grandparents; people with and without disabilities; people providing care from a distance; and people meeting a wide variety of needs.

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Councils	Shared Goals	Vision

The National Strategy is built on recommendations from the RAISE Act Family Caregiving Advisory Council and the Advisory Council to Support Grandparents Raising Grandchildren. We must all work together to shape the way our nation supports its more 63 million family caregivers.

Strategy Goals

GOAL 1

Increase awareness and outreach

- Education and awareness campaigns for professionals and the public
- Increased caregiver self-identification
- Person-centered outreach tailored to caregivers
- Caregiver involvement in state, territorial, tribal, and local planning
- More public-private partnerships that drive family caregiver support

GOAL 2

Build partnerships and engagement

- Caregiver abilities, needs, and preferences drive support
- Engagement of family caregivers as care team co-leaders
- Inclusion of family caregivers in care plans
- Consideration of caregivers during policy changes
- Education and training for professionals on effectively supporting caregivers



Strengthen services and supports

- Increased person- and family-centered, trauma-informed services
- Flexible and accessible respite care
- Education, counseling, and peer support
- Access to safe homes, nutritious meals, transportation, and technology
- Trained volunteers to provide support
- Caregiver and care recipient needs addressed in emergency response
- Resources to improve planning for future care needs
- Recognition and support of kinship and grandfamilies



Ensure financial and workplace security

- Financial planning specifically for family caregivers
- Employee-centered, flexible workplace policies and practices
- Help with planning for long-term needs of care recipients
- Affordable long-term services and supports



Expand data, research, and evidence-based practices

- Shared data systems with consistent data sets
- More research on practices that benefit family caregivers
- Replicable, sustainable practices informed by evidence
- Nationally representative data on caregiving youth



Increase access to a high-quality direct care workforce

- Improved recruitment and hiring
- Access to effective training programs
- Improved job quality and retention
- Broader understanding of and research on the workforce

We all have a role to play in supporting our nation's caregivers.
Learn more at: ***ACL.gov/CaregiverStrategy***

The Strategy was created through a public-private partnership, with the input of numerous federal partners and caregivers, and with support from:

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