



What is Veteran Directed Care (VDC)?

The Veterans Health Administration (VHA) program that gives Veterans choice and control over their long-term services and supports.

VDC MAY BE THE RIGHT PROGRAM FOR YOU IF...

You are a
Veteran of
any age.

You are
enrolled in VA
health care.

You want to
live in your
own home.

You meet the
clinical need
for VDC.

You are
interested in
directing your
own services.

Directing your services
includes using a budget
to hire workers and
customize your care.

VDC GIVES YOU *CHOICE* AND *CONTROL*



Choose the services and supports you use.



Hire your own workers, including family and friends.



Live in your own home and community.



Achieve goals meaningful to you.

YOUR VAMC AND
VDC PROVIDER
SUPPORT YOU TO
**REACH YOUR
GOALS**

WHAT VETERANS ENROLLED IN VDC ARE SAYING* ...

*Quotes from Routledge, Journal of Gerontological
Social Work. 2019, Vol. 62, No. 2, 129-148.

"If it wasn't for this program, I would be in an assisted living situation, no doubt about it. You know, with all the disabilities I have, and this is a home saver for me."

"I think it's helped a lot with (my wife) too, because it's taken a lot of stress off of (her). You know, it just makes me not have to worry."

"It eliminates (worries like) are they going to show up? Who's going to show up? Are they going to know what to do when they get here?"

"I can't think of anything more helpful than what's helped me here, because it helped me be a person."

YOUR VETERANS AFFAIRS MEDICAL CENTER (VAMC)...

Determines if you
are eligible for VDC.

Assigns a monthly budget
based on the Veteran's needs
and functional limitations.

Refers you to a VDC provider.

Approves your plan for
spending your budget.

YOUR VDC PROVIDER...

Listens to your goals and
needs.

Helps you plan for your
services.

Connects you to community
resources.

Is a visible and trusted
organization in your
community.

TO SEE IF VDC IS OFFERED IN YOUR AREA, PLEASE
CONTACT YOUR LOCAL VAMC OR VISIT [FIND VDC](#).