

# **APS Program Operational Plan: Nebraska**

State/Territory/District	Nebraska				
Contact	Antonia Bonsera/Jamie Kramer				
Budget Allocation	\$1,995,000				
Timeline	AMERICAN RESCUE PLAN ACT (ARPA) OF 2021- Grant 1				
	<b>August 2021 – September 2023</b> \$645,450				
	AMERICAN RESCUE PLAN ACT OF 2021 - Proposed Grant 2				
	<b>August 2022 – September 2024</b> \$1,349,550				
Vision 2025					
	Nebraska's most vulnerable adults are treated with dignity and respect, and have				
The Vision clarifies what your ARPA Grant 1 Program aspires to become and to achieve. It is designed to inspire by providing a picture of where the program	opportunities and resources to reside in the least restrictive environment of their choice, which is free from abuse, neglect, and financial exploitation.				
is heading in <b>3-5</b> years.					
<u>Note</u> : If you are a part of a larger organization, does					
it have its own future vision? If so, you may want to					
adapt it to your own program.					



#### Mission Statement

Mission and Values statements can be an effective tool to educate the public; state and local government officials; state government agencies; provider agencies; and service recipients as to what the Adult Protective Services is and how they do business.

Mission Statements answer four key questions about your APS Program:

- Who do we serve?
- What needs do they have that we can fulfil?
- How do we meet those needs? How do we make the clients' lives better?
- Does it link directly to the Vision Statement?

**Note**: if you are a part of a larger organization, does it have its Mission Statement? If so, you may want to adapt it for your own program.

Nebraska's Adult Protective Services guards vulnerable adults from abuse, neglect, and exploitation by investigating and **providing temporary assistance until risk is minimized and services are secured.** 

Every action taken by APS must balance the duty to protect the safety of the vulnerable adult with the adult's right to self-determination. These actions include the provision of direct services, concrete supports, community based supports and economic assistance.



### **Guiding Principles / Core Values**

Guiding Principles or Core Values guide internal processes and client interactions for your APS Program.

**Note**: if you are a part of a larger organization, does it have its own set of Guiding Principles or Core Values? If so, you may want to adapt it for this program.

The core values of the Nebraska Department of Health and Human Services (DHHS) are:

- Constant Commitment to Excellence.
- High Personal Standard of Integrity.
- Positive and Constructive Attitude and Actions.
- Openness to New Learning.
- Dedication to the Success of Others.

The Guiding Principles of Adult Protective Services in Nebraska are:

- Consistent commitment to meeting the needs and ensuring safety of vulnerable adults.
- Honor Nebraska's most vulnerable adults.
- Dedication to learning best practices for serving vulnerable adults.
- Integrity in serving all Nebraskans.



### **Goals for Program Improvement**

These are goals to be obtained in order to move your APS program from current practices to your Vision.

Now that you have new funds targeted for your work with APS, what can be enhanced or improved in your current program? These goals must meet the APS Formula Grant requirements. It is recommended these goals become SMART goals (specific, measurable, actionable, relevant and timely).

Using the results of your Environmental Scan, identify key issues that need to be addressed during this planning cycle.

These are goals to move your APS Program from current practices to your Vision #1.

#### State of Nebraska -Goals of Adult Protective Services

- **Goal One:** Increase support to APS staff case management needs by providing additional resources and supports.
- **Goal Two:** Provide direct services and concrete supports for vulnerable adults to meet the immediate and ongoing needs in the least restrictive way.
- **Goal Three:** Increase public awareness of the vulnerable adult population and the role of APS to reduce the stigma seeking assistance.
- **Goal Four:** Upgrade Nebraska's current National Adult Maltreatment Reporting System (NAMRS) reporting to provide case level data.
- **Goal Five:** Increase and improve efforts to identify and respond to reports of trafficking of vulnerable adults.



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Targeted Improvement Projects	
Using the results of your Environmental Scan and PESTEL, describe the targeted improvements and enhancements needed for this planning cycle.	
Your improvements should be concrete, measurable, and complete.	
WHY is this improvement needed? What Purpose or NEED will it fill? What RESOURCES will be used? What ACTIVITIES will it entail? What are the direct OUTPUTS of the activities? What are the intended results and how will clients benefit?	
See example on next page.	



Purpose/Needs to be filled by ARPA Funds	Inputs (Resources Deployed)	Activities	Outputs from Investment	Short-Term Outcomes	Long-Term Outcomes
Goal 1: Increase support to APS staff case management needs by providing additional resources and supports.	ARPA I Project 1:  \$3,500 investment to maintain technological equipment to support case management needs.	ARPA 1 Project 1:  Financial maintenance for purchase of earbuds, headsets, hotspots, laptops, keyboards, docking stations, computer monitors and a printer.	Products to be maintained: 29 earbuds; 28 Bluetooth headsets; 32 hotspots; 16 laptops; 33 keyboards with mouse; 35 docking stations; 2 computer monitors; and, 1 printer.	APS staff will be better equipped to carry out their case management duties, especially in the rural areas of the State. The benefit of technological items for staff is the ability to work remotely, and work in rural areas where cell service and Wi-Fi may be interrupted.	Clients will have access to technology in their homes to be able to apply for services, make appointments, and participate in telehealth appointments and access to remote services.
Goal 1: Increase support to APS staff case management needs by providing additional resources and supports.	ARPA I Project 2:  \$46,100 investment to insure, fuel and maintain 4-wheel drive vehicles. This supports case management functions in rural areas of Nebraska.	ARPA I, Project 2:  Financial coverage for insurance, fuel and maintenance for purchase of 4- wheel drive vehicles, so staff can meet the	Vehicles are adequately maintained.	APS staff will be better equipped to carry out their case management duties, especially in the rural areas of the State.	The use of 4-wheel drive vehicles will help APS staff meet with vulnerable adults within the prescribed timeframes, despite weather and/or remote addresses.



Goal 1: Increase support to APS staff case management needs by providing additional resources and supports.	ARPA I Project 3:  \$125,000 investment for year 1. Contract with accounting firm to provide forensic accounting services to address the increase in financial exploitation cases.	needs of vulnerable adults who live in rural areas of Nebraska.  ARPA I, Project 3:  Nebraska DHHS will contract with an accounting firm to provide forensic accounting services on APS cases to review financial statements within financial exploitation cases.	The contracted accounting firm will review identified cases to determine if the vulnerable adult is a victim of financial exploitation.	The contracted accounting firm will begin the process of reviewing and deciphering bank and brokerage statements provided as evidence in financial exploitation cases being investigated by APS. The accounting firm will present back to APS Leadership with data on a monthly basis and of the findings. They will also provide expert testimony in financial exploitations cases that are prosecuted in court.	Accurate and consistent determination of financial exploitation will be identified and the perpetrator will be held accountable.
Goal 1: Increase	ARPA I	ARPA I,	100% of Nebraska APS	APS staff will attend the	APS staff will be better
support to APS	Project 4:	Project 4:	case managers,	2021 NAPSA Annual	informed, educated and
staff case			supervisors and	Conference/ This will	equipped to serve
management	\$60,000	APS staff will	administrators; Central	provide education,	vulnerable adults. As a
needs by	investment to	have more	Office personnel will	focusing on COVID and	result, instances of
providing	increase training	opportunities to	have 20 hours or more	states' response to the	vulnerable adult abuse,
additional	opportunities for	attend trainings.	of APS training	pandemic	neglect and exploitation will
resources and	APS staff.	This will enhance	opportunities.		be assessed and any
supports.		and expand the			vulnerable adult who is a

APS Program Planning Template: State/Territory/District-Specific Focus

		knowledge of APS staff.		APS Staff will attend the 2022 NAPSA Conference.  Identification of additional training opportunities for staff to attend both virtually and in-person offering instruction on the work of adult protective services during the pandemic.  Teammates who attend national conferences and workshops will present on the material they learn at virtual and/or in-person All-Staff mostings	victim of maltreatment will be provided with services and supports to ameliorate the maltreatment.
				l •	
				Staff meetings/training events will occur annually.	
Goal 1: Increase	ARPA I	ARPA I,	PPE such as protective	APS staff will be	The risk of COVID will
support to APS	Project 5:	Project 5:	goggles, shoe coverings	equipped with the	decrease and it will be
staff case	446 500	B 455	and clear masks will	appropriate PPE and be	deemed safe to conduct
management	\$46,500	DHHS-APS will	help to facilitate	able to make face-to-	home visits without the use
needs by	investment for	purchase and	communication with	face contact with	of PPE.
providing	additional PPE.	make available	people who experience	vulnerable adults,	
additional		specialized	hearing loss and	during COVID.	

resources and supports.		personal protective equipment as needed, for all DHHS-APS units.	depend on lip-reading to understand what is being said to them. PPE such as air quality monitors will provide information to indicate if the air conditions with the vulnerable adult's home is hazardous to the APS vulnerable adult and APS worker entering the home.		
Goal Two: Provide direct services and concrete supports for vulnerable adults to meet the immediate and ongoing needs in the least restrictive way.	ARPA I Project 6:  \$62,405 investment to provide APS staff with easier access to purchase concrete supports/direct services for clients.	ARPA I, Project 6:  Allocate funding for Purchase cards to each APS unit. This will provide staff to be able to provide immediate assistance in emergency and after-hours situations.	8 purchase cards made available to each DHHS-APS unit in Nebraska.  Assistance through the use of the purchase cards will include purchases such as prescriptions, Mealson-Wheels, groceries, transportation, housing, rent, eviction protection, utilities, inhome care and nursing services to assist those with COVID-19, and home repairs to prevent out of home placement.	APS staff will increase knowledge and awareness of resources and providers in their communities who are able to provide immediate assistance of concrete supports for vulnerable adults.	Vulnerable adults will be knowledgeable of the resources available in their communities that they can access to receive assistance for direct services and/or concrete support.

Goal Three:	ARPA I	ARPA I,	Statewide campaign	With the added	The public will have a better
Increase public	Project 7:	Project 7:	will include provision	awareness, additional	understanding of the issues
awareness of			of information and	resources and providers	that impact vulnerable
the vulnerable	\$91,600	Statewide	materials at World	will be identified to help	adults in their communities
adult	investment for	communications	Elder Abuse Day, and	meet the needs of	and will be able to identify
population and	campaign	will be provided	other events,	Nebraska's vulnerable	when a vulnerable adult is a
the role of APS	materials and	to better	newspaper, radio and	adults.	potential victim of a scam.
to reduce the	projects to bring	educate the	television advertising,		·
stigma of APS.	public awareness	public about	public service		
	of vulnerable	vulnerable	announcements,		
	adults and the role	adults, scams	billboards and posters		
	of APS.	and reduce	in public spaces such as		
		stigma of APS.	bus stops in English		
			and Spanish.		
			Consideration will be		
			given to translating		
			materials into other		
			languages spoken by		
			Nebraskans. DHHS-APS		
			will purchase, create		
			and disseminate		
			accessible, plain		
			language materials to		
			reach people with		
			intellectual and		
			developmental		
			disabilities to educate		
			the public and prevent		
			vulnerable adults from		
			falling victim to COVID		
			scams and scammers.		

Goal Four: Upgrade Nebraska's current NAMRS reporting to provide case level data.	ARPA I Project 8:  \$25,500 investment to upgrade the current NAMRS reporting system.	ARPA I, Project 8:  Nebraska's NAMRS system will be upgraded to provide case level data.	Nebraska will identify what data elements will be reported in its annual report	Nebraska will submit a report to NAMRS on an annual basis.	Nebraska will contribute data more effectively to the NAMRS data and compare its APS data to national data highlighted in the annual Adult Maltreatment Report.
Goal Five: Increase and improve efforts to identify and respond to reports of trafficking of vulnerable adults.	ARPA I Project 9: \$40,300 investment to utilize the PAVE program to address trafficking efforts.	ARPA I, Project 9:  Offset the cost of year two of Providing Avenues for Victim Empowerment (PAVE).	Vulnerable adults account for 31% of the reporting of trafficking and exploitation, to Nebraska's Abuse and Neglect Hotline. PAVE will provide a screening, assessment, referral process and connection to services.	Provide aggregate data reports to Nebraska's DHHS administration.	There will be decrease of vulnerable adults being trafficked in Nebraska, as evidenced by use of the PAVE tool and increased access to services to support the decrease in trafficking.
Goal 1: Increase support to APS staff case management needs by providing additional resources and supports.	ARPA I Project 10:  \$80,000 Investment to support programmatic improvement in APS programs and services.	ARPA I, Project 10:  Nebraska DHHS will create training curriculum for APS staff in Nebraska.	At this time, Nebraska does not have a formalized training curriculum including inservice trainings, for APS. Formal APS training curriculum will be established for use by Nebraska's APS staff.	Provide Nebraska APS with core and in service curriculum training regarding APS to increase knowledge on an ongoing basis.	APS staff will be more knowledgeable about vulnerable adults and the APS system; this added education will provide staff with added abilities to serve vulnerable adults in Nebraska.

Increase	ARPA II	ARPA II	Purchases may include	APS staff will be better	Clients will have the ability
technology	Project 1:	Project 1:	additional equipment	equipped to carry out	to access technology in their
equipment.			noted under ARPA I,	their case management	homes to be able to apply
	\$7,000 investment	Financial	Project 1 and/or other	duties, especially in the	for services, make
	to continue to	maintenance for	equipment as	rural areas of the State.	appointments, and
	increase and	the purchase of	requested by APS	The benefit of	participate in telehealth
	improve	technological	staff, to support their	technological items for	appointments and access to
	technological	equipment as	case management	staff is the ability to	remote services with the
	equipment and	needed by staff.	needs.	work remotely, and	assistance of APS staff.
	bandwidth to			work in rural areas	
	support case			where cell service and	
	management			Wi-Fi may be	
	needs.			interrupted.	
Maintenance	ARPA II	ARPA II	Vehicles are	APS staff will be better	The use of 4-wheel drive
and insurance	Project 2:	Project 2:	adequately	equipped to carry out	vehicles will help APS staff
for purchased			maintained.	their case management	meet with vulnerable adults
vehicles.	\$92,200	Continued		duties, especially in the	within the prescribed
	investment to	financial		rural areas of the State.	timeframes, despite
	continue	maintenance for			weather and/or remote
	maintenance and	purchase of 4-			addresses.
	insurance of the 4-	wheel drive			
	wheel drive	vehicles, so staff			
	vehicles. This will	can meet the			
	continue to	needs of			
	support case	vulnerable			
	management	adults who live			
	functions in rural	in rural areas of			
	areas of Nebraska.	Nebraska.			

Forensic	ARPA II	ARPA II	This individual will	The Forensic	Accurate and consistent
Accountant.	Project 3:	Project 3:	continue to review	Accountant will	determination of financial
			identified cases to	continue reviewing and	exploitation will be
	\$187,500	The forensic	determine if the	deciphering bank and	identified and the
	investment over	accountant will	vulnerable adult is a	brokerage statements	perpetrator will be held
	years 2 and 3 for	continue to	victim of financial	provided as evidence in	accountable.
	continued	analyze financial	exploitation.	financial exploitation	
	employment of a	exploitation		cases being investigated	
	forensic	cases.		by APS. The accountant	
	accountant.			will present back to APS	
				Leadership with data on	
				a monthly basis and of	
				the findings. They will	
				also provide expert	
				testimony in financial	
				exploitations cases that	
				are prosecuted in court.	
Increase	ARPA II	ARPA II	100% of Nebraska APS	Identification of	APS staff will be better
training	Project 4:	Project 4:	case managers,	additional training	informed, educated and
opportunities			supervisors and	opportunities for staff	equipped to serve
for APS staff.	\$87,500	APS staff will	administrators; Central	to attend both virtually	vulnerable adults. As a
	investment to	have more	Office personnel will	and in-person offering	result, instances of
	increase training	opportunities to	continue to have 20	instruction on the work	vulnerable adult abuse,
	opportunities for	attend trainings.	hours or more of APS	of adult protective	neglect and exploitation will
	APS staff.	This will enhance	training opportunities.	services during the	be assessed and any
		and expand the		pandemic.	vulnerable adult who is a
		knowledge of			victim of maltreatment will
		APS staff.		Teammates who attend	be provided with services
				national conferences	and supports to ameliorate
				and workshops will	the maltreatment.
				present on the material	
				they learn at virtual	

Purchase and availability of items needed by the field such as PPE, stools, nose plugs, etc.	ARPA II Project 5 \$2,500 investment to purchase additional PPE.	ARPA II Project 5:  DHHS-APS will continue to purchase specialized personal protective equipment as needed, for all DHHS-APS units.	PPE such as protective goggles, shoe coverings and clear masks will help to facilitate communication with people who experience hearing loss and depend on lip-reading to understand what is being said to them.  Additional equipment such as stools, nose plugs, etc., may be	and/or in-person All-Staff meetings.  In-person Statewide All-Staff meetings/training events will occur annually.  APS staff will be equipped with the appropriate PPE and be able to make face to face contact with vulnerable adults, during COVID.	The risk of COVID will decrease and it will be deemed safe to conduct home visits without the use of PPE.
Ability	ADDAII	ADDAIL	purchased.	ADC stoff will in areas	Vulnorable adults will be
Ability to purchase and access concrete and direct supports for clients.	ARPA II Project 6: \$93,600 investment to continue to	ARPA II Project 6:  Allocate funding for Purchase cards to each	8 purchase cards made available to each DHHS-APS unit in Nebraska.  Assistance through the	APS staff will increase knowledge and awareness of resources and providers in their communities who are able to provide	Vulnerable adults will be knowledgeable of the resources available in their communities that they can access to receive assistance for direct services and/or
CHETICS.	provide APS staff with easier access to purchase concrete supports/direct	APS unit. This will provide staff to be able to continue to provide	use of the purchase cards will continue to include purchases such as prescriptions, Meals-on-Wheels,	immediate assistance of concrete supports for vulnerable adults.	concrete support.

	services for clients.	immediate assistance in emergency situations and after-hours.	groceries, transportation, housing, rent, eviction protection, utilities, in- home care and nursing services to assist those with COVID-19, and home repairs to prevent out of home placement.		
Public awareness of vulnerable adults and APS.	ARPA II Project 7:  \$183,200 investment to continue to produce campaign materials and bring public awareness of vulnerable adults and the role of APS.	ARPA II Project 7:  Statewide communications will continue to be provided to better educate the public about vulnerable adults, scams and reduce stigma of APS.	Continued statewide campaigns will include newspaper, radio and television advertising, public service announcements, billboards and posters in public spaces such as bus stops in English and Spanish. Consideration will be given to translating materials into other languages spoken by Nebraskans. DHHS-APS will purchase, create and disseminate accessible, plain language materials to reach people with intellectual and developmental disabilities to educate	With the added awareness, additional resources and providers will be identified to help meet the needs of Nebraska's vulnerable adults.	The public will have a better understanding of the issues that impact vulnerable adults in their communities and will be able to identify when a vulnerable adult is a potential victim of a scam.

			the public and prevent vulnerable adults from falling victim to COVID scams and scammers.		
Human	ARPA II	ARPA II	Vulnerable adults	Provide aggregate data	There will be decrease of
Trafficking efforts.	Project 8: \$80,600	Project 8: Offset the cost	account for 31% of the reporting of trafficking and exploitation, to	reports to Nebraska's DHHS administration.	vulnerable adults being trafficked in Nebraska, as evidenced by use of the
	investment to	of year three of	Nebraska's Abuse and		PAVE tool and increased
	continue	Providing	Neglect Hotline. PAVE		access to services to support
	utilization of the	Avenues for	will provide a		the decrease in trafficking.
	PAVE program to	Victim	screening, assessment,		
	address trafficking	Empowerment	referral process and		
	efforts.	(PAVE).	connection to services.		
Support to APS	ARPA II	ARPA I,	Programs with critical	Programs will be	Vulnerable adults will have
staff case management	Project 9:	Project 9:	priority and identified needs will be reviewed	implemented or enhanced to improve	additional supports and resources that are available
needs by	\$480,495	Nebraska DHHS	for possible funding	the lives of vulnerable	and accessible across
providing	Investment to	will identify	assistance.	adults.	Nebraska.
additional	support	additional			
resources and	programmatic	projects and			
supports.	improvement in	strategies to			
	APS programs and	enhance APS in			
	services.	Nebraska			



### **Budget / Spending Plan for ARPA funds** – Semi-annually for 3 to 5 years

Budget/Spending Plan will be used to enhance, improve, and expand the ability of APS workers to investigate allegations of abuse, neglect, and exploitation. Be sure to use separate line items for each major improvement project.

Operational Plan Submission due by January 31, 2022.

ARPA 1- First Grant Allocation - August 2021 - September 2023

	Description	2022 Period 1	2022 Period 2	2023 Period 1	2023 Period 2	Total
Project 1	Increase technology equipment	\$1,750	\$1,750			\$3,500
Project 2	Ongoing maintenance for vehicles purchased with COVID funds		\$23,050	\$23,050		\$46,100
	Contract with Accounting Firm to work on financial					
Project 3	exploitation cases Increase training		\$62 <i>,</i> 500	\$62,500		\$125,000
Project 4	opportunities for APS staff	\$15,000	\$15,000	\$15,000	\$15,000	\$60,000
Project 5	Purchase and availability of PPE	\$625	\$44,625	\$625	\$625	\$46,500
	Ability to purchase and access concrete and direct					
Project 6	supports for clients	\$15,600	\$15,600	\$15,600	\$15,605	\$62,405
Project 7	Public Awareness of vulnerable adults and APS	\$51,200	\$40,400			\$91,600
Project 8	Upgrade current NAMRS reporting data	\$12,750		\$12,750		\$25,500
Project 9	Address Human Trafficking Efforts	\$40,300				\$40,300



Project 10	Development and Implementation of APS training curriculum		\$40,000	\$40,000		\$80,000
Indirect Costs		\$64,545	,			\$64,545
						<b>\$645,450</b> (ARPA 1
Total		\$201,770	\$242,925	\$169,525	\$31,230	Funds)

### ARPA 2- Second Grant Allocation - August 2022 September 2024

		2023	2023	2024	2024	
	Description	Period 1	Period 2	Period 1	Period 2	Total
	Increase technology					
Project 1	equipment	\$1,750	\$1,750	\$1,750	\$1,750	\$7,000
	Maintenance and					
	insurance for purchased					
Project 2	vehicles		\$23,050	\$23,050	\$46,100	\$92,200
	Employment of Forensic					
Project 3	Accountant		\$62,500	\$62,500	\$62,500	\$187,500
	Increase training					
Project 4	opportunities for APS staff	\$15,000	\$15,000	\$28,750	\$28,750	\$87,500
	Purchase and availability of items needed by the field such as PPE, stools,					
Project 5	nose plugs, etc.	\$625	\$625	\$625	\$625	\$2,500
	Ability to purchase and					
	access concrete and direct					
Project 6	supports for clients	\$15,600	\$15,600	\$31,200	\$31,200	\$93,600
	Public Awareness of					
Project 7	vulnerable adults and APS	\$91,600		\$91,600		\$183,200



Project 8	Human Trafficking Efforts	\$40,300		\$40,300		\$80,600
	Support APS Programmatic					
Project 9	Improvement	\$120,126	\$120,123	\$120,123	\$120,123	\$869,055
Total Indirect		\$134,955				
Costs						
Total		\$419,956	\$238,648	\$399,898	\$291,048	Should total
						amount of ARPA 2
						\$1,349,550

## Summary of ARPA 1 + ARPA 2 Expense

	2022 Period 1	2022 Period 2	2023 Period 1	2023 Period 2	2024 Period 1	2024 Period 2	Total
					\$399,898	\$291,048	
Summary	\$201,770	\$242,925	\$589,481	\$269,878			\$1,995,000