

Introducing the National Center on Advancing Person-Centered Practices and Systems



The National Center on Advancing Person-Centered Practices and Systems (NCAPPS) is a new initiative from the Administration for Community Living and the Centers for Medicare & Medicaid Services to help States, Tribes, and Territories to implement person-centered practices.

In the past 30 years, systems for people with disabilities and older adults with long-term service and support needs have generally shifted to embrace person-centered principles, premised on the belief that people should have the authority to define and pursue their own vision of a good life. Yet, the degree to which systems have *fully adopted* person-centered practices varies, and many continue to grapple with how to effectively implement person-centered practices.

The goal of NCAPPS is to promote systems change that makes person-centered principles not just an aspiration but a reality in the lives of people who require services and supports across the lifespan. NCAPPS will assist States, Tribes, and Territories to transform their service and support systems to implement U.S. Department of Health and Human Services policy on person-centered thinking, planning, and practices. It will support a range of person-centered thinking, planning, and practices, regardless of funding source.



NCAPPS will:

- Provide in-depth, practical **technical assistance** to States, Tribes, and Territories
- Establish **communities of practice** to promote broad-based learning and sharing of best practices
- Hold **educational webinars** that will be open to the public
- Develop a **national clearinghouse of actionable, up-to-date resources**

What is person-centered thinking, planning, and practice?

- **Person-centered thinking** is a foundational principle—requiring consistency in language, values and actions—that reveals respect, views the person and their loved ones as experts in their own lives, and equally emphasizes quality of life, wellbeing, and informed choice.
- **Person-centered planning** is a methodology that identifies and addresses the preferences and interests that make up a desired life and the supports (paid and unpaid) needed to achieve it. It is directed by the person, and it is supported by others selected by the person.
- **Person-centered practices** are the alignment of services and systems to ensure the person has access to the full benefits of community living and to deliver services in a way that facilitates the achievement of the person's desired outcomes.

What types of technical assistance and resources will NCAPPS offer?

NCAPPS Technical Assistance and other resources will cover topics such as:

- Reconfiguring long-term service and support (LTSS) systems to support person-centered practices
- Service user and family engagement methods that promote system responsiveness and accountability to person-centered values
- Identifying key components of an effective person-centered planning and training model
- Assessing payment structures to facilitate alignment with and incentivize use of person-centered practices with fidelity
- Selecting and implementing structural, process, and outcome measures to effectively incentivize and evaluate the impact of person-centered practices
- Enhancing cultural and linguistic responsiveness in person-centered practices
- Collaborating across systems and programs to align and integrate regulations, policies, and procedures that support person-centered practices
- Using technology to enhance person-centered practices

Who's involved?

NCAPPS is funded by The Administration for Community Living and the Centers for Medicare & Medicaid Services and administered by the Human Services Research Institute (HSRI).

Engagement of people with lived experience will be at the heart of all NCAPPS activities. A Person-Centered Advisory and Leadership Group composed of national experts with lived experience receiving long-term services and supports will oversee and contribute to all aspects of NCAPPS.

HSRI is partnering with leading national organizations to ensure the work is relevant and effective.

NCAPPS Partner Organizations

- National Association of State Head Injury Administrators (NASHIA)
- National Association of States United for Aging and Disabilities (NASUAD)
- National Association of State Directors of Developmental Disabilities Services (NASDDDS)
- National Association of State Mental Health Program Directors (NASMHPD)
- National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD)
- National Association of Medicaid Directors (NAMD)

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