

Grantee Publications

Innovations in Nutrition Programs and Services (INNU) Grantees continue to demonstrate how they support older adults throughout the nation. Learn more about INNU Grantee publications that have been submitted and accepted within the world of research.

Links below will take you to the abstract for more information. Some publications will have a cost associated with reading the full research article.

Georgia State University

- [Suicide Intervention among Aging Network Providers:](#) Georgia State University study on suicide-intervention skills amongst volunteers, providers, and other caregivers.
- [Listen Closer: Home delivered meal volunteers' understanding of their role in suicide prevention:](#) Georgia State University study on home-delivered meal volunteers and Applied Suicide Intervention Skills Training (ASIST).
- [Racial Differences in the Relationship between Pain and Suicide Desire in Older Adults:](#) Georgia State University study on racially diverse older adults who receive home-delivered meals, and the connection of pain and suicide ideation.
- [The Role of Religious Coping in Understanding the Suicide Risk of Older Adults during COVID-19:](#) Georgia State University study on the increase of suicidal behaviors and ideation in older adults due to the COVID-19 pandemic.
- ["We all have a stake in this": a phenomenological inquiry into integrating suicide intervention in home-delivered meal service contexts:](#) Georgia State University study on integrating evidence-based suicide first responder program (ASIST) with home-delivered meal participants.
- [Suicide risk factors among older adults:](#) Implications for counselors as Medicare providers: Georgia State University study on connection of specific suicide risk factors and how counselors can intervene



Nutrition and Aging Resource Center

At the end of an INNU grant, the grantee organization creates a Capstone Project to help others replicate their work. The Capstone Projects are meant to inspire and provide a "how-to" guide to make innovation easy to implement for all. See [more work](#) done by the INNU Grantees on our website.

This resource was supported in part by a cooperative agreement No 90PPNU0002 from the Administration on Aging (AoA), Administration for Community Living (ACL), U.S. Department of Health and Human Services (DHHS). Grantees carrying out projects under government sponsorship are encouraged to express freely their findings and conclusions. Therefore, points of view or opinions do not necessarily represent official AoA, ACL, or DHHS policy.

LifeCare Alliance

- [Implementing a Community-Based Initiative to Improve Nutritional Intake among Home-Delivered Meal Recipients](#): LifeCare Alliance study that dives deeper into providing autonomy to older adults when it comes to selecting home-delivered meals and awareness of health complexities.[Deploying Implementation Strategies to Facilitate Professionals' Use of Home Care Frailty Scale](#): LifeCare Alliance study on five implementation strategies with HCBS professionals' use of the evidence-based Home Care Frailty Scale.[Strategies for implementing the interRAI home care frailty scale with home-delivered meal clients](#): LifeCare Alliance study focused on home-delivered meal staff implementing a standardized frailty instrument with clients on a consistent basis.
- [Moving the Needle on Outcome Measurement: A Longitudinal Analysis of Frailty Among Home-Delivered Meal Recipients](#): LifeCare Alliance study on the connection of Home Care Frailty Scale and Clinical Frailty Scale with home-delivered meal recipients and older adults' ability to remain living in their own home.

Interfaith Ministries

- [Reimagining cross-sector collaborations post-pandemic to optimize care for vulnerable homebound older adult populations](#): Interfaith Ministries study on stakeholder collaboration to meet the needs of vulnerable older adults during the pandemic.

Texas Congregate Meal Initiative

- [Long Term Support Referrals to Enhance Food Security and Wellbeing in Older Adults: Texas Physicians and Nurses on What Works](#): Texas Congregate Meal Initiative study focused on viewpoints of Texas physicians and nurses regarding decline of congregate meal programs and community-based referrals for older adults.

Iowa Department of Health and Human Services, Division of Aging and Disability Services

- [Innovating the Iowa Congregate Nutrition Program: A Needs and Preference Assessment](#): Iowa Department of Health and Human Services, Division of Aging and Disability Services study with a focus on increasing participation in the congregate nutrition program regarding motivators, barriers, menu preferences, facility attributes and educational programming.

- [Encore Café: An Innovative and Effective Congregate Nutrition Program](#): Iowa Department of Health and Human Services, Division of Aging and Disability Services study on the impact of utilizing a client-centered approach in marketing and programming with Encore Café locations to improve congregate nutrition programs overall.

Texas State University

- [Perception of NEUVA \(Nutrition for Underserved Elders via Application\) Usability During Alpha-Testing](#): Texas State University study on the multifunctional app, NUEVA, to optimize recruitment, nutrition intervention and participant experience.