

# Eskenazi Health, Meals on Wheels of Central Indiana, and Regenstrief Institute partner to bring you: Meals at Home

Amy Carter, MA,RD,CD,CDE Director of Outpatient Nutrition amy.carter@eskenazihealth.edu

# Meals at Home Project Overview

Partnership to leverage innovations to allow Meals on Wheels of Central Indiana to offer a new meal service style.



19 frozen meals from Eskenazi Health



App/website created by Regenstrief Institute

# **Project Progress to Date**

### Work Completed

- Project Coordinator
- Evaluation Tools
- Assessment Forms
- Database Created
- App Developed
- Initial Clients Enrolled



### **Next Steps**

Finish App

Continue
Enrolling

Evaluation