

The Nutrition and Aging Resource Center (NRCNA) presents on a variety of topics and formats. Please view previous presentations below. The NRCNA is not limited to only these presentation examples.



## Nutrition and Aging Resource Center

According to our conference evaluations:

- NRCNA conference sessions **effectively reach diverse aging and nutrition professionals** who could benefit from the resource center's activities.
- The sessions have **significantly increased familiarity** with the Nutrition and Aging Resource Center, Senior Nutrition Program, and the conference session main content for attendees.
- Sessions obtained **high presentation quality ratings**.
- Attendees reported a **high likelihood of accessing the NRCNA website and resources** in the next three months following the conference.

Example past presentations include:

### Opportunities in the Aging Network: Join the Wave!

Format: panel

- Education provided on the aging network, Older Americans Act, and senior nutrition program
- Demonstrated how Dietitians can professionally contribute to the senior nutrition program and community dwelling older adults
- Identified the need for Dietitians to advocate for older adult nutrition in a community setting.



NRCNA team at FNCE

### Innovations in Nutrition Speed Networking

Format: speed networking with round tables

- Summarized innovative pilots created by the NRCNA Innovations in Nutrition Programs and Services (INNU) Grantees
- Created an opportunity for attendees to have interactive conversations with three INNU grantees (gain valuable resources)
- Challenged attendees to identify and apply innovative thinking within own program or work space.



NRCNA team with INNU grantees at NCOA

### Nutrition Services Yoga: Bending, Building, and Better Aging Nutrition

Format: traditional presentation slides with Q&A and interaction using mentimeter

- Identified new and innovative methods for solving challenges in the aging nutrition network
- Supported attendees to assess ways in which innovation can be implemented for local senior nutrition programs to build capacity and participation



NRCNA team presenting at NANASP conference

### Nutrition 101 Pre-Conference Intensive

Format: full-day intensive

- Educated attendees on the basics of the Older Americans Act Nutrition Programs
- Identified innovative service delivery models.
- Provided interactive games, panels, and brainstorming sessions to promote learnings.

▶ Please contact [nrcna@iowa.gov](mailto:nrcna@iowa.gov) with questions on additional presentation formats or topics.