A local senior nutrition program needs your help!


Senior nutrition programs serve nearly 1 million meals every day in communities across the country.

As a volunteer, you can:

- Help fight hunger, malnutrition, and social isolation.
- Make a difference in the lives of older adults.
- Grow and sharpen your skills.
- Support your own health, socialize, and have fun!

Contact a local program today: eldercare.acl.gov or 1-800-677-1116