



## Reopening Resources List FOR SENIOR NUTRITION PROGRAMS

Updated April 2021

The following resources may be useful for your program to reference as you plan for bringing people back to in-person settings. This list accompanies [Reopening Considerations for Senior Nutrition Programs](#) and [Reopening Signage & Communication Resources](#).

**Be sure to check your state's specific guidance and requirements when making any plans or policies.**

### General Guidance

- [Coronavirus Disease 2019 \(COVID-19\) | ACL](#)
- [Coronavirus \(COVID-19\) Frequently Asked Questions | CDC](#)
- [COVID-19 Guidance for Older Adults | CDC](#)
- [Health Department Directories | CDC](#)
- [Summary of Guidance for Public Health Strategies to Address High Levels of Community Transmission of SARS-CoV-2 and Related Deaths, December 2020 | CDC MMWR](#)
- [Pandemic Playbook | LeadingAge](#)
- [Senior Nutrition Program COVID-19 Response and Recovery Promising Practices Collection | NRCNA](#)

### State Reopening Policy Examples

- California: [Updated Guidance for Temporary Alternative Service Delivery of the Older Americans Act Programs Operations During the COVID-19 Pandemic](#) (September 2020)
- Louisiana: [Guidance for Senior Centers/Meal Sites in Planning for Reopening](#) (April 15, 2021)
- Michigan: [Updated Interim Guidance for the Reopening of Home and Community-Based Aging Network Programs, Services and Projects](#) (March 3, 2021)
- Pennsylvania: [COVID-19 Provider Guidance](#) (updated regularly, several resources)
- [State Materials on COVID-19 | Advancing States](#)

### Addressing the Older Americans Act Intent Areas

- [Celebrating the National Senior Nutrition Program | ACL](#) Highlights vibrant examples of how the Senior Nutrition Program meets the key intents of the Older Americans Act. Includes webinars, toolkits, and activity guides.
- [National Resource Center on Nutrition and Aging | NRCNA](#) COVID-19 webpage as well as numerous resources to enhance all aspects of the Older Americans Act intent areas.

## Preventing Food Insecurity, Malnutrition, and Hunger

- [Defeat Malnutrition Today](#)
- [Feeding America](#)
- [Food Research & Action Center | FRAC](#)
- [Meals on Wheels America | MOWA](#)
- [Nutrition Best Practices | n4a](#)
- [National Association of Nutrition and Aging Services Programs | NANASP](#)

## Enhancing Socialization

- [Commit to Connect | ACL](#)
- [National Resource Center for Engaging Older Adults | EngAGED](#)
- [Well Connected | Covia](#)

## Promoting Health and Well-being

- [Mental Health and Coping During COVID-19 | CDC](#)
- [Resources | NCMHA](#)
- [Coronavirus \(COVID-19\) Resources | SAMHSA](#)
- [Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic | CDC](#)
- [How Right Now](#)

## Symptoms and Getting Sick

- [How to Protect Yourself and Others | CDC](#)
- [Symptoms of Coronavirus | CDC](#)
- [Coronavirus Self-Checker | CDC](#)
- [What to Do If You Are Sick | CDC](#)
- [Contact Tracing | CDC](#)
- [When You Can Be Around Others After You Had or Likely Had COVID-19 | CDC](#)

## Testing

- [COVID-19 Testing Overview | CDC](#)
- [Test for Current Infection \(Viral Test\) | CDC](#)
- [Topic Collection: COVID-19 Drive-Through Testing/Community Screening Resources | HHS](#)
- [SARS-CoV-2 Testing Strategy: Considerations for Non-Healthcare Workplaces | CDC](#)

## Vaccination

- [Vaccines for COVID-19 | CDC](#)
- [COVID-19 Vaccination for Communities | CDC](#)
- [What Older Adults Need to Know about COVID-19 Vaccines | CDC](#)
- [Interim Public Health Recommendations for Fully Vaccinated People | CDC](#)

## Site Cleaning and Ventilation

- [Cleaning, Disinfection, and Ventilation in Public Spaces | CDC](#)
- [Disinfectants for Coronavirus \(COVID-19\) | EPA](#)
- [How to Select and Use Hand Sanitizer | CDC](#)

## Mask and Handwashing

- [Use Masks to Help Slow Spread | CDC](#)
- [Handwashing: Clean Hands Save Lives | CDC](#)
- [When and How to Wash Your Hands | CDC](#)

## Social Distancing and Community Spaces

- [Social Distancing | CDC](#)
- [Community Organizations and Gatherings | CDC](#)
- [Considerations for Community-Based Organizations | CDC](#)

## Staff and Volunteers

- [COVID-19 and the Family and Medical Leave Act Questions and Answers | DOL](#)
- [Guidance for Businesses and Employers Responding to COVID-19 | CDC](#)
- [Guidance on Preparing Workplaces for COVID-19 | OSHA](#)
- [What Paratransit Operators Need to Know about COVID-19 | CDC](#)

## Other Considerations and References

- [Community Mitigation Framework | CDC](#)
- [Guidance for Adult Day Services Centers | CDC](#)
- [Retirement Communities and Independent Living | CDC](#)
- [Shared and Congregate Housing | CDC](#)
- [FAQ about COVID-19 for Institutional and Congregate Food Service Operators | CDC](#)
- [What to do if a Student Becomes Sick at School or Reports a New COVID-19 Diagnosis Flowchart | CDC](#)
- [Caregivers in Crisis: Caregiving in the Time of COVID-19 | RCI](#)

## Communication

- [Ready-to-use Articles & Graphics | ACL](#)
- [Communication Resources | CDC](#)
- [Print Resources | CDC](#)
- [Social Media Toolkit | CDC](#)
- [Life is Better with Clean Hands | CDC](#)
- CDC COVID-19 Communication Toolkits for:
  - [Older Adults and People at Higher Risk](#)
  - [Business and Workplaces](#)
  - [Community and Faith-Based Organizations](#)
  - [Community-Based Organizations COVID-19 Vaccine Toolkit](#)
  - [People with Disabilities](#)
- [Aging & COVID-19: Vaccination, Mental and Physical Health, and Isolation Infographic | NIHCM](#)
- [4 Elements of an Accessible Meeting Platform | PEAT](#)