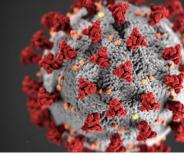


COVID-19 Response



Reopening Resources List FOR SENIOR NUTRITION PROGRAMS

Updated April 2021

The following resources may be useful for your program to reference as you plan for bringing people back to in-person settings. This list accompanies Reopening Considerations for Senior Nutrition Programs and Reopening Signage & Communication Resources.

Be sure to check your state's specific guidance and requirements when making any plans or policies.

General Guidance

- Coronavirus Disease 2019 (COVID-19) | ACL
- Coronavirus (COVID-19) Frequently Asked Questions | CDC
- COVID-19 Guidance for Older Adults | CDC
- Health Department Directories | CDC
- Summary of Guidance for Public Health Strategies to Address High Levels of Community Transmission of SARS-CoV-2 and Related Deaths, December 2020 | CDC MMWR
- Pandemic Playbook | LeadingAge
- Senior Nutrition Program COVID-19 Response and Recovery Promising Practices Collection | NRCNA

State Reopening Policy Examples

- California: <u>Updated Guidance for Temporary Alternative Service Delivery of the Older Americans Act Programs</u>
 <u>Operations During the COVID-19 Pandemic</u> (September 2020)
- Louisiana: Guidance for Senior Centers/Meal Sites in Planning for Reopening (April 15, 2021)
- Michigan: <u>Updated Interim Guidance for the Reopening of Home and Community-Based Aging Network</u> Programs, Services and Projects (March 3, 2021)
- Pennsylvania: <u>COVID-19 Provider Guidance</u> (updated regularly, several resources)
- State Materials on COVID-19 | ADvancing States

Addressing the Older Americans Act Intent Areas

- <u>Celebrating the National Senior Nutrition Program | ACL</u> Highlights vibrant examples of how the Senior Nutrition Program meets the key intents of the Older Americans Act. Includes webinars, toolkits, and activity guides.
- National Resource Center on Nutrition and Aging | NRCNA COVID-19 webpage as well as numerous resources to enhance all aspects of the Older Americans Act intent areas.



Preventing Food Insecurity, Malnutrition, and Hunger

- Defeat Malnutrition Today
- Feeding America
- Food Research & Action Center | FRAC
- Meals on Wheels America | MOWA
- Nutrition Best Practices | n4a
- National Association of Nutrition and Aging Services Programs | NANASP

Enhancing Socialization

- Commit to Connect | ACL
- National Resource Center for Engaging Older Adults | EngAGED
- Well Connected | Covia

Promoting Health and Well-being

- Mental Health and Coping During COVID-19 | CDC
- Resources | NCMHA
- Coronavirus (COVID-19) Resources | SAMHSA
- Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic | CDC
- How Right Now

Symptoms and Getting Sick

- How to Protect Yourself and Others | CDC
- Symptoms of Coronavirus | CDC
- Coronavirus Self-Checker | CDC
- What to Do If You Are Sick | CDC
- Contact Tracing | CDC
- When You Can Be Around Others After You Had or Likely Had COVID-19 | CDC

Testing

- COVID-19 Testing Overview | CDC
- Test for Current Infection (Viral Test) | CDC
- Topic Collection: COVID-19 Drive-Through Testing/Community Screening Resources | HHS
- SARS-CoV-2 Testing Strategy: Considerations for Non-Healthcare Workplaces | CDC

Vaccination

- Vaccines for COVID-19 | CDC
- COVID-19 Vaccination for Communities | CDC
- What Older Adults Need to Know about COVID-19 Vaccines | CDC
- Interim Public Health Recommendations for Fully Vaccinated People | CDC



Site Cleaning and Ventilation

- Cleaning, Disinfection, and Ventilation in Public Spaces | CDC
- <u>Disinfectants for Coronavirus (COVID-19)</u> | EPA
- How to Select and Use Hand Sanitizer | CDC

Mask and Handwashing

- Use Masks to Help Slow Spread | CDC
- Handwashing: Clean Hands Save Lives | CDC
- When and How to Wash Your Hands | CDC

Social Distancing and Community Spaces

- Social Distancing | CDC
- Community Organizations and Gatherings | CDC
- Considerations for Community-Based Organizations | CDC

Staff and Volunteers

- COVID-19 and the Family and Medical Leave Act Questions and Answers | DOL
- Guidance for Businesses and Employers Responding to COVID-19 | CDC
- Guidance on Preparing Workplaces for COVID-19 | OSHA
- What Paratransit Operators Need to Know about COVID-19 | CDC

Other Considerations and References

- Community Mitigation Framework | CDC
- Guidance for Adult Day Services Centers | CDC
- Retirement Communities and Independent Living | CDC
- Shared and Congregate Housing | CDC
- FAQ about COVID-19 for Institutional and Congregate Food Service Operators | CDC
- What to do if a Student Becomes Sick at School or Reports a New COVID-19 Diagnosis Flowchart | CDC
- Caregivers in Crisis: Caregiving in the Time of COVID-19 | RCI

Communication

- Ready-to-use Articles & Graphics | ACL
- Communication Resources | CDC
- Print Resources | CDC
- Social Media Toolkit | CDC
- Life is Better with Clean Hands | CDC
- CDC COVID-19 Communication Toolkits for:
 - Older Adults and People at Higher Risk
 - Business and Workplaces
 - o Community and Faith-Based Organizations
 - o Community-Based Organizations COVID-19 Vaccine Toolkit
 - People with Disabilities
- Aging & COVID-19: Vaccination, Mental and Physical Health, and Isolation Infographic | NIHCM
- 4 Elements of an Accessible Meeting Platform | PEAT

