



Better Together: How Your Title III Program Can Collaborate with Title VI Webinar Resource List

Cultural Competency

Nutrition programs must make sure all feel welcome and included by acknowledging diversity and meeting the unique needs and preferences of those they serve. Whether coordinating with a Title VI program or serving other Native American who live within your service area, building cultural competency is the first step.

[Changing the Narrative About Native Americans: A Guide for Allies](#)— Tool to reframe the narrative about Native Americans

[Elder Health](#)— Information and resources to support the health of elders from the National Indian Council on Aging, Inc. (NICOA)

[Cultural Sensitivity: Working with Native Americans](#)— One-hour interactive educational module from the International Association for Indigenous Aging

Getting Started

It can be difficult to know where to begin the process of Title III and Title VI coordination. These resources may spark inspiration for taking those first steps.

[Quick Guide to Title III and Title VI Nutrition Partnership](#) — Guidance on ways to collaborate to meet the goals of the OAA

[Title III and Title VI Grantee Collaboration Study](#) — Report on examples and best practices

[Summary report](#)

[Find a Title VI Director](#)— Older Indians webpage with list of regions, tribal leadership, and Title VI directors

Diving In

Coordination and collaboration between Title III and Title VI programs offer the opportunity for continual learning and growth. These resources can help as you navigate the process.

[Title VI Spending Quick Guide](#) — Spending option information helpful to Title III programs that also run or partner with Title VI programs. This resource gives guidance on what Title VI funding (Part A/B or Part C) should be utilized for which items

[Native Food Directory](#)— Older Indians directory that can be used for tailoring meals in a Title III site for a tribal population

[My Native Plate](#)— IHS tool for selecting balanced meals

[American Indian Traditional Foods in USDA School Meals Programs](#)— Toolkit from Wisconsin Department of Public Instruction

[Food Distribution Program on Indian Reservations \(FDPIR\) Recipes](#)— Links to recipes for foods provided by the FDPIR

[Traditional Unangax^ Foods Nutritional Labels \(YouTube\)](#)— Short animated videos for nutrition facts on traditional foods

[USDA Indigenous Food Sovereignty Initiative](#)— American Indian/Alaska Native (AI/AN) indigenous food cooking videos, recipes, foraging videos, and more

[Hawai'i Foods](#)— Nutrient database and recipes from the Hawai'i Nutrition Center

[Older Indians Title VI Gardens](#) — Older Americans Act Title VI Gardens and Recipes website

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