**Older Americans Month: Connect, Create, Contribute May 2019 logo**

Sample article

This drop-in article can help you raise awareness of and encourage participation in Older Americans Month (May). Use it as a fill-in-the-blank template or as inspiration for an original piece.

# Older Americans Month 2019: Connect, Create, Contribute

Each year, more and more older adults are making a positive impact in and around [community name]. As volunteers, employees, employers, educators, mentors, advocates, and more, they offer insight and experience that benefit the entire community. That’s why Older Americans Month (OAM) has been recognizing the contributions of this growing population for 56 years.

Led by the [Administration for Community Living](https://acl.gov/) (ACL) each May, OAM provides resources to help older Americans stay healthy and independent, and resources to help communities support and celebrate their diversity.

This year’s OAM theme, *Connect, Create, Contribute*, encourages older adults and their communities to:

* **Connect** with friends, family, and local services and resources.
* **Create** through activities that promote learning, health, and personal enrichment.
* **Contribute** time, talent, and life experience to benefit others.

[Organization name] will celebrate OAM by promoting ways that community members of *all* ages can take part in helping [community name] thrive. We encourage you to:

Connect: [organization contact information and/or peer connection and/or resources]

Create: [call to action could include a social media, art, or storytelling contest]

Contribute: [call to action could include a volunteer or similar opportunity]

Communities that support and recognize older adults are stronger! Join us in strengthening our community – this May and throughout the year. Visit the official [OAM website](https://acl.gov/oam) for ideas and inspiration, and follow ACL on [Twitter](http://www.twitter.com/aclgov) and [Facebook](http://www.facebook.com/aclgov).