

Older American Month 2023

Social media sample posts and alternative text for images

Image



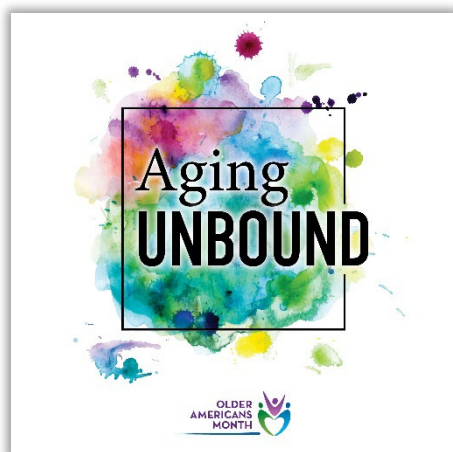
Social Media Post

May is #OlderAmericansMonth and the 2023 theme is #AgingUnbound. Join us this month in embracing the opportunity to continue to change. Find a new passion, go on an adventure, and push boundaries by not letting age define your limits.

Alt Text

Aging Unbound Watercolor. [ACL.gov/OAM](https://www.acl.gov/OAM)

Image



Social Media Post

Mark your calendars! It is time to celebrate #OlderAmericansMonth this May. Help us promote the importance of enjoying independence and fulfillment by paving our own paths as we age.

Alt Text

Aging Unbound Watercolor Logo. Older Americans Month. [ACL.gov/OAM](https://www.acl.gov/OAM)

Image



Social Media Post

This year marks the 60th anniversary of Older Americans Month. All May we are celebrating flexible thinking about aging. #OlderAmericansMonth #AgingUnbound

Alt Text

Older Americans Month. Aging Unbound Full Watercolor. May 2023. [ACL.gov/OAM](https://acl.gov/OAM)

Image



Social Media Post

May is Older Americans Month! The focus this year is #AgingUnbound. Visit acl.gov/oam to read, print, and view available materials. #OlderAmericansMonth

Alt Text

Materials Available. #OlderAmericansMonth. Aging Unbound Watercolor. May 2023. [ACL.gov/OAM](https://acl.gov/OAM)

Image



Social Media Post

[ORGANIZATION] is celebrating Older Americans Month all May. Visit acl.gov/oam [OR your website] for resources and more details on how you can become involved! #OlderAmericansMonth

Alt Text

Resources
#OlderAmericansMonth.
Aging Unbound. May
2023. [ACL.gov/OAM](https://acl.gov/oam)

Image



Social Media Post

#AgingUnbound is the May 2023 #OlderAmericansMonth theme! You're invited to learn how we all benefit when everyone is connected and involved. Stay active this May by volunteering, working, mentoring, and participating in local activities.

Alt Text

You're Invited. #Older
Americans Month. Aging
Unbound Watercolor.
May 2023.
[ACL.gov/OAM](https://acl.gov/oam)

Alternative text for Spanish graphics



Alt Text

Mes De Los Estadounidenses De Edad Avanzada. Envejecer Sin Limites. Mayo De 2023.



Alt Text

Materiales Disponibles. #OlderAmericansMonth. [ACL.gov/OAM](https://acl.gov/OAM). Mes De Los Estadounidenses De Edad Avanzada. Envejecer Sin Limites. Mayo De 2023.



Alt Text

Usted Esta` Invitado. #OlderAmericansMonth. [ACL.gov/OAM](https://acl.gov/OAM). Mes De Los Estadounidenses De Edad Avanzada. Envejecer Sin Limites. Mayo De 2023.