

**Aging and Disability Resource Centers  
Implementing the Affordable Care Act:  
Making it Easier for Individuals to Navigate Their Health and Long-Term Care through  
Person-Centered Systems of Information, Counseling and Access  
Evidence Based Care Transition Program**

**State Agency:** Maryland Department of Aging

**Name of ADRC and Healthcare Partners:**

Maryland Access Point of Baltimore City (MAP) and Johns Hopkins Community Physicians

**Project Period:** September 30, 2010 to September 30, 2012

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**Evidence Based Care Transitions Model:** Guided Care®

**Project Summary:**

The Maryland Department of Aging (MDoA) will collaborate with the Baltimore City Aging and Disability Resource Center known as the Maryland Access Point of Baltimore City (MAP) and Johns Hopkins Community Physicians (JHCP) to develop an expanded Guided Care Program at selected JHCP practices. The internationally recognized Guided Care model provides comprehensive health care by physician-nurse teams for people with several chronic health conditions, specifically focusing on the 25% of Medicare patients at highest risk for using health services heavily. Scientific studies have shown that Guided Care improves the quality of care and suggests that it reduces overall health care costs.

**Goal/Objectives:**

This project will build on Maryland's Person Centered Hospital Discharge Program and the Money Follows the Person Demonstration. Under this initiative, a MAP Guided Care® nurse will work with JHCP to develop a plan of cross referrals, training and collaboration between the Guided Care® Program and MAP. The nurse will provide Guided Care® support for up to 25 patients referred by MAP staff. Referrals will be individuals who are being discharged from hospitals or nursing homes and who are at high risk of readmissions and emergency room events. MAP staff and JHCP will convene a series of planning and training sessions to establish an on-going system for cross referrals and collaboration between JHCP and MAP.

**Anticipated Outcomes/Results:**

Client and caregiver satisfaction, hospital readmissions, emergency room use and program effectiveness data will be collected through structured qualitative interviews and surveys to evaluate the feasibility of expanding the Guided Care® Program into additional MAP jurisdictions.