

Lac Courte Oreilles Band of Lake Superior Chippewa Indians Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

This grant (2016-2018) has two major goals:

- Significantly increase the number of older adults and adults with disabilities in underserved areas and populations who participate in evidence-based self-management education and support programs to empower them to better manage their chronic conditions.
- Implement innovative funding arrangements, including contracts, partnerships, and collaborations with one or more sustainability partners to support evidence-based self-management programs during and beyond the grant period, while embedding the programs into an *integrated, sustainable evidence-based prevention program network*.

The Lac Courte Oreilles Band of Lake Superior Chippewa Indians Health Center (LCOHC) and its partners will:

- Establish a centralized and coordinated process for recruitment, referral, and registration for the Diabetes Self-Management Program (DSMP);

- Engage Lac Courte Oreilles (LCO) tribal elders (aged 55+) with a diagnosis of diabetes and those who are on the health center's active diabetes registry;
- Increase the number of evidence-based DSMP workshop offerings;
- Increase the number of Lac Courte Oreilles elders participating in and completing DSMP workshops; and
- Embed DSMP into LCOHC's medical home model of care to enhance participant recruitment and help ensure program sustainability.

Proposed Interventions

- Diabetes Self-Management Program (DSMP)

Partnerships

To achieve the goals of the grant, the LCOHC will collaborate with the following key partners:

- LCO Tribal Aging Unit and Nutrition Center
- LCOHC Behavioral Health and Pharmacy Departments
- Wisconsin Institute for Healthy Aging (WIHA)



Anticipated Results

The LCOHC and its partners propose to achieve the following results:

- Increase the number of DSMP workshop locations to increase program access;
- Deliver DSMP workshops four times a year;
- Engage over 100 tribal elders in DSMP workshops;
- Achieve a 75% workshop completion rate by the second year of the grant; and
- Establish the delivery infrastructure, referral procedures, and funding mechanisms to ensure that the workshops continue beyond the grant period.

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Prevention and Public Health Fund 2016, effective August 1, 2016

