Lac Courte Oreilles Band of Lake Superior Chippewa Indians
Chronic Disease Self-Management Education Program Grantee

Goals, Strategies, and Activities
This grant (2016-2018) has two major goals:

- Significantly increase the number of older adults and adults with disabilities in underserved areas and populations who participate in evidence-based self-management education and support programs to empower them to better manage their chronic conditions.
- Implement innovative funding arrangements, including contracts, partnerships, and collaborations with one or more sustainability partners to support evidence-based self-management programs during and beyond the grant period, while embedding the programs into an integrated, sustainable evidence-based prevention program network.

The Lac Courte Oreilles Band of Lake Superior Chippewa Indians Health Center (LCOHC) and its partners will:

- Establish a centralized and coordinated process for recruitment, referral, and registration for the Diabetes Self-Management Program (DSMP);
- Engage Lac Courte Oreilles (LCO) tribal elders (aged 55+) with a diagnosis of diabetes and those who are on the health center’s active diabetes registry;
- Increase the number of evidence-based DSMP workshop offerings;
- Increase the number of Lac Courte Oreilles elders participating in and completing DSMP workshops; and
- Embed DSMP into LCOHC’s medical home model of care to enhance participant recruitment and help ensure program sustainability.

Proposed Interventions
- Diabetes Self-Management Program (DSMP)

Partnerships
To achieve the goals of the grant, the LCOHC will collaborate with the following key partners:

- LCO Tribal Aging Unit and Nutrition Center
- LCOHC Behavioral Health and Pharmacy Departments
- Wisconsin Institute for Healthy Aging (WIHA)
Anticipated Results

The LCOHC and its partners propose to achieve the following results:

- Increase the number of DSMP workshop locations to increase program access;
- Deliver DSMP workshops four times a year;
- Engage over 100 tribal elders in DSMP workshops;
- Achieve a 75% workshop completion rate by the second year of the grant; and
- Establish the delivery infrastructure, referral procedures, and funding mechanisms to ensure that the workshops continue beyond the grant period.

Contact:
Sandra Zeznanski  
Lac Courte Oreilles Band of Lake Superior Chippewa Indians Health Center  
sandra.zeznanski@sbcglobal.net

For more information:
Administration for Community Living  
U.S. Department of Health and Human Services  
Washington, DC 20230  
http://www.acl.gov