

Sokaogon Chippewa Community Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

This grant (2016-2018) has two major goals:

- Significantly increase the number of older adults and adults with disabilities in underserved areas and populations who participate in evidence-based self-management education and support programs to empower them to better manage their chronic conditions.
- Implement innovative funding arrangements, including contracts, partnerships, and collaborations with one or more sustainability partners to support evidence-based self-management programs during and beyond the grant period, while embedding the programs into an *integrated, sustainable evidence-based prevention program network*.

The Sokaogon Chippewa Community (SCC) and its partners will:

- Help reduce the impact of diabetes by training tribal members to offer Chronic Disease Self-Management Education (CDSME) workshops;
- Promote CDSME workshops to Tribal members within sixty miles of the reservation, including the Forest County

Potawatomi, Lac Vieux Desert, Lac du Flambeau, Stockbridge Munsee, Ho-Chunk and Menominee, and the Lac Vieux Desert Chippewa Tribes; and

- Pursue collaborations and funding opportunities to increase workshop referrals and to sustain the programs.

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)

Partnerships

To achieve the goals of the grant, the SCC will collaborate with the following key partners:

- Aging and Disability Resource Center of the Northwoods
- Great Lakes Inter-Tribal Council
- Greater Wisconsin Agency on Aging Resources
- SCC Tribal Aging Unit
- Sokaogon Chippewa Health Clinic
- Wisconsin Department of Health Services (WDHS) Division of Public Health
- WDHS Office on Aging
- Wisconsin Institute for Healthy Aging
- Wisconsin Tribal Aging Unit Association



Anticipated Results

The SCC and its partners propose to achieve the following results:

- Increase access to CDSME programs including delivering at least four “Healthy Living with Diabetes” workshops;
- Enroll 75 participants, with at least 60 who complete four or more sessions;
- Empower participants to better manage their diabetes and improve diabetes indicators; and
- Expand collaborations between the SCC Tribal Aging Unit and the Sokaogon Chippewa Health Clinic and other partners to promote community awareness of diabetes, increase workshop referrals, leverage resources, and sustain programs.

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