The Graying of HIV/AIDS: Community Resources for the Aging Network
Agenda

• The Graying of HIV: Implications for Community Programs
• Local Program Highlight: Promotion of HIV Testing, Education & Access to Care Through Community Collaboration
• Overview of HRSA’s AIDS Education & Training Centers (AETCs)
• HIV Prevention & Services Locator
• AoA Older Adults & HIV/AIDS Toolkit
• Q & A
Presenters

• **Dr. Charles Emlet**, Professor of Social Work, University of Washington | Tacoma & affiliate faculty with the University of Washington Center for AIDS Research

• **Joan DeVaughn**, Healthy Aging Project Director, Area Agency on Aging of Palm Beach (PSA9, FL)

• **Diana Travieso Palow**, HIV Education Branch Chief, Division of Training and Technical Assistance, HIV/AIDS Bureau, HRSA

• **Aisha Moore**, Communications Director, AIDS.gov

• **Carol Crecy**, Director, Office of Outreach and Consumer Information, AoA
Administration on Aging (AoA)  
Older Adults & HIV/AIDS Toolkit  
HIV: Know the Risks. Get the Facts.

ASA Kathy Greenlee Introduces Toolkit on HIV/AIDS for the Aging Network  
(1 min 30 seconds)

http://www.youtube.com/watch?v=UiUPA2ya54c
The Graying of HIV: Implications for Community Programs

Presented by
Charles A. Emlet, Ph.D., MSW
University of Washington | Tacoma
Growing Population of Older Adults Living with HIV Disease

- **Dramatic increase in those 50+ living with HIV disease in the United States**
  - Newly infected older adults
  - Long term survivors
  - HAART Effectiveness

- **Estimates are by 2015 50% of those with HIV disease in the U.S. will be 50+ (Justice, 2010)**
Estimated Number of Persons Living with HIV/AIDS Age 50+ in the U.S. 2004-2008

Table is showing an increase in HIV/AIDS among people 50+ from 2004-2008.

1 CDC (2011) HIV/AIDS Surveillance Report V 21 Table 15b

*Table is showing an increase in HIV/AIDS among people 50+ from 2004-2008.
HIV AAA Study in Washington State

• **Methods:**
  - Survey of the 13 AAAs in Washington
  - 36 item instrument administered on-line
  - Pilot tested with a AAA director and Case Management Supervisor outside WA
  - Data collected over two months in 2008 with reminders sent by the W4A
  - 100% response rate

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1Supported by the University of Washington Center for AIDS Research (NIH grant P30 AI027757).
### Survey Results

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>Serving Older Adults with HIV is consistent with agency mission</td>
<td>SA 33.3</td>
</tr>
<tr>
<td></td>
<td>A 58.3</td>
</tr>
<tr>
<td></td>
<td>SD 8.3</td>
</tr>
<tr>
<td>Currently interact with AIDS Service Organizations (ASO)</td>
<td></td>
</tr>
<tr>
<td>Collaboration with ASOs needs improvement</td>
<td>58.3</td>
</tr>
<tr>
<td></td>
<td>60.0</td>
</tr>
<tr>
<td>Experience working with people living with HIV 60+</td>
<td>Extensive 8.3</td>
</tr>
<tr>
<td></td>
<td>Moderate 0.0</td>
</tr>
<tr>
<td></td>
<td>Limited 66.6</td>
</tr>
<tr>
<td></td>
<td>No experiences 25.0</td>
</tr>
<tr>
<td>Personnel Receives Training in HIV</td>
<td>63.6</td>
</tr>
<tr>
<td>Agency Desires More Information on Aging and HIV</td>
<td>84.6</td>
</tr>
<tr>
<td>More Information In The Form of:</td>
<td>Written Material 86.6</td>
</tr>
<tr>
<td></td>
<td>Consultation 30.8</td>
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<tr>
<td></td>
<td>Inservice Training 61.5</td>
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Discussion

- Majority of AAA believe serving older adult impacted by HIV is within mission
- Majority believe collaborations with AIDS Service Organizations needs strengthening
  - ASOs have less consistent coverage nationally
- More information and training is needed and wanted
- Toolkit provides needed information to providers
Promotion of HIV/AIDS Testing, Education, and Access to Care to Medically Underserved, High-Risk Seniors Through Community Collaboration

Presented by
Joan DeVaughn
Area Agency on Aging of Palm Beach/Treasure Coast
(PSA 9, FL)
Nearly 28% of the population in PBC is 60+ (over 360,000 seniors)

Heterosexual men/women 50 + are the fastest-growing demographic for new HIV infections

South FL ranks the 3rd highest out of 50 states in cumulative reported HIV/AIDS cases

1 in 4 of county’s new HIV cases is age 50+
Healthy Aging  OAA Title III D Outreach
Palm Beach County, FL

• Focus on medically underserved, high-risk adults 60+

• Concentration at faith-based sites and low-income housing communities in underserved communities

• Collaboration with community health center which provides medical staff and HIV/AIDS counselor

• Activities include health screenings (blood pressure, blood glucose, hearing, and HIV/AIDS testing), disease information, health education, health counseling, promotion of evidence-based workshops, and health access referrals
• Recognition by HRSA HAB: increasing prevalence of older PLWHA as an issue of growing concern

• What are best practices for caring for older PLWHA?

• Do different cohorts of older PLWHAs have different clinical needs?

• As the training arm for Ryan White grantee community, AETCs continue to provide education and training on this topic to target audience of clinicians
AETC Mission: Provide HIV Clinical Training for Providers

- AETC program is clinical training component of the Ryan White HIV/AIDS Program
- Program Goal: Increase number of educated and motivated providers to diagnose and treat people living with HIV
- From July 2009 - June 2010 AETCs delivered 50,613 hours of training to 67,586 healthcare providers during 18,632 training events
AIDS Education and Training Centers

- 11 regional centers with 130 local performance sites covering all 50 states and U.S. territories

- Focus on training clinicians:
  - Physicians
  - Nurses
  - Nurse practitioners
  - Physician assistants
  - Pharmacists
  - Oral health professionals

- 20% of training targets other members of health care team, e.g., case managers, social workers, mental health care workers, etc.
AETC Training Topics

Over 40 training topics routinely presented by AETCs (additional topics as requested or driven by changes in the HIV epidemic or HIV clinical management).

Types of Training

– Level I: Didactic
– Level II: Skills Building
– Level III: Clinical Training
– Level IV: Group Clinical Consultation
– Level V: Technical Assistance
AETC and TA Work of Note Re: Older PLWHA

- **AETC National Resource Center**
  - Multiple resources for trainers and clinicians
  - Curricula, slide sets, guidelines, etc

- **New England AIDS Education and Training Center (NEAETC)**
  - Annual well attended conference

- **TARGET Center**
  - Technical assistance for Ryan White Community
  - Archived presentations
    - [http://www.careacttarget.org/index.asp](http://www.careacttarget.org/index.asp)
AAHIVM: Recommendation Treatment Strategies

• Collaboration:
  —American Academy of HIV Medicine
  —AIDS Community Research Initiative of America
  —American Geriatrics Society

• Disseminated through AETC network as resource for training, education, and technical assistance to clinicians caring for older PLWHA
Contact Information

Diana Travieso Palow, MPH, MS, RN
Chief, HIV Education Branch
Division of Training and Technical Assistance
HIV/AIDS Bureau/HRSA
Phone: 301/443-4405
dpalow@hrsa.gov
National HIV/AIDS Strategy

The lead Federal agencies for implementing the National HIV/AIDS Strategy have submitted operational plans to the Office of National AIDS Policy and the Office of Management and Budget.

Learn more about the Strategy.
Locators
It’s Local
HIV Testing

San Francisco AIDS Foundation
1 Sixth St
San Francisco, CA, 94103
415-487-8000

Categories: Rapid HIV Blood Testing
Estimated distance: 0.62 mile
Source: CDC NPIN

Incorrect information or know a HIV Testing location that isn’t listed? Suggest changes to CDC NPIN.

Get directions to this location from:
San Francisco, CA 94108, USA

Click the triangles below to expand:
- HIV Testing (37)
- Housing Assistance (7)
- Health Centers (85)
- Mental Health (31)
- Substance Abuse (19)
- Family Planning (11)
It’s Mobile

What Kind of Treatments Are Available?

Today, people who are infected with HIV are treated with antiretroviral therapy (ART). ART uses different kinds of medications to keep HIV from growing and multiplying in your body. Most people on ART take a combination of several meds prescribed by their doctors to keep their HIV disease under control.
What Kind of Treatments Are Available?

Today, people who are infected with HIV are treated with antiretroviral therapy (ART). ART uses different kinds of medications to keep HIV from growing and multiplying in your body. Most people on ART take a combination of several meds prescribed by their doctors to keep their HIV disease under control.

How Does ART Work?
Requesting current location...

"http://locator.aids.gov" Would Like To Use Your Current Location

Don’t Allow  OK
Click the triangles below to expand:

- HIV Testing (10)
  - Cayce Family Health Center (1.81 mi)
  - Street Works (2.15 mi)
  - Metropolitan Public Health Department of Nashville and Davidson County (4.91 mi)
  - Women on Maintaining Education and Nutrition (3.62 mi)
  - Planned Parenthood Middle and East Tennessee Incorporated (4.39 mi)
  - Nashville CARES (4.55 mi)
  - Meharry Alcohol and Drug Abuse Program (4.52 mi)
  - First Response Center (3.75 mi)
  - Matthew Walker Comprehensive Health Center Incorporated (4.18 mi)
  - Get Tested Tennessee (4.92 mi)

Incorrect information or know a HIV Testing location that isn't listed? Suggest changes to CDC NPIN.

- Housing Assistance (3)
- Health Centers (11)
- Mental Health (11)
- Substance Abuse (1)
It’s Anywhere

http://locator.AIDS.gov

Widget
Search

Select Services

Share or Embed

Provide Feedback
It’s Social

AIDS.gov › Find HIV Testing & Services

Use this location-based search tool to find nearby HIV testing services, housing providers, health centers and other service providers near your current location or enter a ZIP Code to find services in another location.

This is a confidential health information service. This app does not collect any personal information about you nor does it share the search results or your visit to your Wall.

Available Services:
- HIV Testing
- Housing Assistance
- Ryan White HIV Care
- Mental Health
- Health Centers
- Family Planning
- Substance Abuse

1040 Southern Ave SE, Washington, DC 20032, USA
AoA Older Adults and HIV/AIDS Toolkit

HIV: Know the RISKS. Get the FACTS.

Presented by
Carol Crecy
Director, Office of Outreach and Consumer Information
Administration on Aging
If You Think Your Too Old to Worry About HIV/AIDS, Think Again

• **In 2009, men & women 50+ accounted for:**
  – 17% of all diagnoses of HIV infection
  – 23% of all AIDS diagnoses

• Over 1 million Americans are living with HIV and the number is growing

• By 2015 half of the people living with HIV will be 50+
How to Access the Older Adults and HIV/AIDS Toolkit
HIV: Know the RISKS. Get the FACTS

Visit http://www.aoa.gov

Click this button on the right-hand slide of the homepage
HIV: Know the Risks. Get the Facts.
Toolkit Video

HIV: Know the Risks. Get the Facts.
Video (5 mins)

http://www.youtube.com/watch?v=mm_O6Rn1U-M
Fact Sheet & Customizable PowerPoint Template

HIV: Know the RISKS. Get the FACTS.

If you think you're too old to worry about HIV/AIDS, think again. HIV risk doesn't stop at 50. In fact, men and women over age 50 account for 17% of all new HIV and AIDS diagnoses in the 40 states that have long-term confidential name-based reporting. Every 10 minutes someone in the United States is infected with HIV. Make sure it's not you.

Risk does not diminish with age.

You're at risk if you don’t use a condom when having sex with a man or a woman who has HIV. Oral sex also carries a risk of infection. The risk can be especially high for women with age-related vaginal thinning and dryness that can lead to tears in the vaginal area.

Many older adults find it awkward to talk to a new partner about their sexual history and HIV, and avoid discussing sex with their doctors at all. That's a risk you don’t have to take.

- Before having sex with a new partner, discuss your HIV status. You both have a right to know.
- Ask your health care provider for an HIV test if you are having unprotected sex or treating drugs. Medicines cover it.
- If you are a man who has had sex with other men, get tested at least once a year. If you are a woman, get tested every year you have a new sex partner.
- Get tested before engaging in sex with a new partner, and be sure your partner has been tested for HIV too.
- Protect yourself. If you have multiple partners, use a latex condom and lubricate every time you have sex. Avoid contact with another person's blood, and be sure to never share or reuse needles.
- Be alert to possible symptoms. HIV can go unnoticed in older people because the illnesses associated with it—such as weight loss, pneumonia, fatigue, confusion, and vision problems—also occur more frequently with age.

For more information about HIV/AIDS and Older Americans visit www.AIDS.gov or www.ACTGAPINGAIDS.org.

To find an HIV Testing site near you, go to www.HIVtest.org or call 1-800-CDC-INFO.

Aging and Older Americans

HIV/AIDS and Older Americans

HIV risk does not diminish with age.

You are at risk if you don’t use a condom when having sex—whether vaginal, oral, or anal—with a man or a woman who has HIV.

Age-related vaginal thinning and dryness can lead to tears that increase the risk of HIV infection.

Prevention

- Get tested.
  - Ask your health care provider for an HIV test as a routine part of medical care. If you are having unprotected sex, injecting drugs, or have never been tested before, Medicare covers annual HIV testing.
  - Get tested before having sex with a new partner, and be sure your partner has been tested for HIV too.
    - If you are a gay or bisexual man, get tested at least once a year.
    - More frequent HIV testing—every 3 to 6 months—may be beneficial.
    - If you are a woman, get tested whenever you have a new sex partner.
  - To find an HIV testing site near you, go to http://www.HIVTest.org or call 1-800-CDC-INFO.
Questions?
Resources

• AoA Older Adults & HIV/AIDS
  – http://go.usa.gov/ngp

• http://www.AIDS.gov

• AETC National Resource Center
  – http://www.aidsetc.org

• Area Agency on Aging of Palm Beach

• National HIV/AIDS and Aging Awareness
  – http://www.NHAAAD.org

• National Resource Center on LGBT Aging HIV and Aging Resources
  – http://www.lgbtagingcenter.org/resources/index.cfm?s=12