

## Caregivers as Partners and Clients of Behavioral Health Services Resources

### **Administration on Aging**

Administration on Aging Fact Sheet

[http://www.aoa.gov/AoARoot/Press\\_Room/Products\\_Materials/fact/pdf/AoA\\_Factsheet.pdf](http://www.aoa.gov/AoARoot/Press_Room/Products_Materials/fact/pdf/AoA_Factsheet.pdf)

Behavioral Health Webpage

Links to issue briefs, state epidemiological profiles, and past webinar recordings

[http://www.aoa.gov/AoARoot/AoA\\_Programs/HPW/Behavioral/index.aspx](http://www.aoa.gov/AoARoot/AoA_Programs/HPW/Behavioral/index.aspx)

Caregiver Survival Tip Sheet

[http://www.aoa.gov/AoARoot/Press\\_Room/Products\\_Materials/fact/pdf/AoA\\_HealthyLivingTips\\_Caregiver\\_Survival%20Tips.pdf](http://www.aoa.gov/AoARoot/Press_Room/Products_Materials/fact/pdf/AoA_HealthyLivingTips_Caregiver_Survival%20Tips.pdf)

Eldercare Locator

[www.eldercare.gov](http://www.eldercare.gov)

Lifespan Respite Care Program Fact Sheet

[http://www.aoa.gov/AoARoot/Press\\_Room/Products\\_Materials/fact/pdf/Lifespan\\_Respite\\_Care\\_Program.pdf](http://www.aoa.gov/AoARoot/Press_Room/Products_Materials/fact/pdf/Lifespan_Respite_Care_Program.pdf)

National Family Caregiver Support Program Fact Sheet

[http://www.aoa.gov/AoARoot/Press\\_Room/Products\\_Materials/fact/pdf/Natl\\_Family\\_Caregiver\\_Support.pdf](http://www.aoa.gov/AoARoot/Press_Room/Products_Materials/fact/pdf/Natl_Family_Caregiver_Support.pdf)

Research Brief: *Supporting Family Caregivers through Title III of the OAA* (statistics taken from State Program Reports and the Fifth National Survey of OAA Program Participants)

[http://www.aoa.gov/AoARoot/Program\\_Results/docs/2011/AoA5\\_SupportFamilyCaregivers.pdf](http://www.aoa.gov/AoARoot/Program_Results/docs/2011/AoA5_SupportFamilyCaregivers.pdf)

### **Alzheimer's Association**

Alzheimer's and Dementia Caregivers Center

<http://www.alz.org/care/>

### **ARCH National Respite Network's Fact Sheet: Respite for Caregivers of Adults with Mental Disorders**

[http://archrespite.org/images/docs/Factsheets/FinalRespite for Caregivers of Adults with Mental Disorders TP edits dle edits Oct 4.pdf](http://archrespite.org/images/docs/Factsheets/FinalRespite_for_Caregivers_of_Adults_with_Mental_Disorders_TP_edits_dle_edits_Oct_4.pdf)

### **American Psychological Association**

Family Caregivers Briefcase

<http://www.apa.org/pi/about/publications/caregivers/index.aspx>

When the Care Recipient is Someone with a Mental Disorder

<http://www.apa.org/pi/about/publications/caregivers/faq/family.aspx>

Interventions for caregivers of those with substance abuse disorders

<http://www.apa.org/pi/about/publications/caregivers/practice-settings/intervention/substance-abuse.aspx>

Psychological Practice with Caregivers

<http://www.apa.org/pi/about/publications/caregivers/practice-settings/index.aspx>

Office on Aging

<http://www.apa.org/pi/aging/>

Resources on depression, capacity assessment, memory, elder abuse, psychotherapy, dementia, and integrated health care

### **Department of Agriculture Cooperative Extension System**

Family caregiving information

[http://www.extension.org/family\\_caregiving](http://www.extension.org/family_caregiving)

### **Department of Health and Human Services' Health Finder**

Get support if you are a caregiver

<http://healthfinder.gov/HealthTopics/Category/everyday-healthy-living/mental-health-and-relationship/get-support-if-you-are-a-caregiver>

### **Department of Veterans Affairs**

VA Caregivers Support

<http://www.caregiver.va.gov/>

Oklahoma City VA Medical Center Family Mental Health Program's Support and Family Education (SAFE) Program: Mental Health Facts for Families to caregivers of those with mental illness or PTSD

[www.ouhsc.edu/safeprogram](http://www.ouhsc.edu/safeprogram)

### **Family Caregiver Alliance**

Family Caregivers Guide for Understanding Dementia Behaviors

[http://www.caregiver.org/caregiver/jsp/content\\_node.jsp?nodeid=391](http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=391)

Caregiving and Depression

[http://www.caregiver.org/caregiver/jsp/content\\_node.jsp?nodeid=393](http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=393)

Fact sheets on Alzheimer's disease, other dementias and traumatic brain injury

<http://www.caregiver.org/caregiver/jsp/publications.jsp?nodeid=345&expandnodeid=386>

Selected Caregiver Statistics

[http://www.caregiver.org/caregiver/jsp/content\\_node.jsp?nodeid=439](http://www.caregiver.org/caregiver/jsp/content_node.jsp?nodeid=439)

### **Family Institute for Education, Practice and Research**

Resources for those caring for individuals with Severe Mental Illness

<http://www.nysfamilyinstitute.org>

### **National Alliance for Caregiving**

Caregiver Resources

<http://www.caregiving.org/resources/caregiver-resources>

### **National Institute on Mental Health**

Bipolar disorder information including support for caregivers

<http://www.nimh.nih.gov/health/publications/bipolar-disorder/support-for-caregivers.shtml>

Mental Health Medications

<http://www.nimh.nih.gov/health/publications/mental-health-medications/complete-index.shtml>

### **National Alliance on Mental Illness**

Family-to-Family education and support program offered free nationwide

<http://www.nami.org/Template.cfm?Section=Family-to-Family&Template=/TaggedPage/TaggedPageDisplay.cfm&TPLID=4&ContentID=32973>

### **Substance Abuse and Mental Health Services Administration**

Prevention Pathways Courses

Alcohol, Medication and Older Adults, For Those Who Care About or Care for an Older Adults

<https://www.pmrts.samhsa.gov/PrevCourses/CourseInfo.aspx?cid=10>

At Any Age, It Does Matter: Substance Abuse and Older Adults

<https://www.pmrts.samhsa.gov/PrevCourses/CourseInfo.aspx?cid=9>

Click "audience" tab, for CEU information

### **Strength for Sharing (Johnson & Johnson)**

Caring for a loved one with mental illness

<http://www.strengthforcaring.com/daily-care/caring-for-specific-conditions-mental-illness/caring-for-a-loved-one-with-mental-illness/>

### **The World Federation for Mental Health**

Materials for caregivers of individuals with bipolar disorder, schizophrenia and schizoaffective disorder, depression and anxiety

<http://www.wfmh.org/00awareness.htm>