

Health Foundation of South Florida

Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The purposes of this three-year grant are to:

- Significantly increase the number of participants in evidence-based self-management education and support programs; and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

Health Foundation of South Florida (HFSF) and its partners will:

- Establish 12 hubs with a network of community sites, health care referral sources, and sustainable funding;
- Develop a network of chronic disease self-management education trainers, group leaders, and counselors with capacity to deliver evidence-based programs in the target geographic area; and
- Demonstrate a 50% increase in access to depression screening and counseling due to the PEARLS program.

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)
- PEARLS

Partnerships

To achieve the goals of the grant, HFSF will collaborate with the following key partners:

- Aging and Disability Resource Center of Broward County
- Alliance for Aging
- Barry University School of Social Work
- Broward County Elderly and Veterans Services Division
- Elder Options
- Florida Health Networks
- Group Victory
- Mental Health Association of Palm Beach
- Senior Resource Alliance

Anticipated Results

HFSF and its partners propose to achieve the following results:

- Deliver a total of 400 CDSMP and DSMP workshops in three years;

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- Enroll 4,800 participants in the proposed interventions;
- Achieve a 76% retention rate in CDSMP and DSMP for a total of 3,648 participants that attend at least 4 of the 6 workshop sessions; and
- Deliver a total of 500 PEARLS interventions in three years to older adults with depression or dysthymia.

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For more information:

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