

Partners in Care Foundation, Inc.

Chronic Disease Self-Management Education Program Grantee



Goals, Strategies, and Activities

The purposes of this three-year grant are to:

- Significantly increase the number of participants in evidence-based self-management education and support programs; and
- Implement innovative funding arrangements to support the proposed programs, while embedding the programs into an integrated, sustainable program network.

Partners in Care Foundation (*Partners*) and its network members will:

- Increase California's capacity to implement the Chronic Pain Self-Management Program (CPSMP) and Diabetes Self-Management Program (DSMP) through the Partners at Home Network and the Healthier Living Coalition;
- Identify areas with a high prevalence of diabetes, as well as opioid prescriptions, overdoses, and deaths; and
- Implement CPSMP and DSMP in rural and low income areas, as well as diverse African American, Latino, Asian, and Native American communities.

Proposed Interventions

- Chronic Pain Self-Management Program
- Diabetes Self-Management Program

Partnerships

To achieve the goals of the grant, *Partners* will collaborate with the following key network members:

- Area Agency on Aging Serving Napa and Solano
- Aging and Independence Services (San Diego County Health and Human Services Agency)
- Blue Shield of California
- California Department of Public Health
- California Department of Aging
- Camarillo Health Care District
- Dignity Health Mercy and Memorial Hospitals
- Humboldt Independent Practice Association

Anticipated Results

Partners and its network members propose to achieve the following results:

- Double the number of counties that offer CPSMP and DSMP;

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- Train 30 CPSMP leaders, 30 DSMP leaders, and 4 master trainers to support this work;
- Enroll 4,000 participants in the proposed interventions;
- Achieve a 70% retention rate in CPSMP and DSMP for a total of 2,800 participants that attend at least 4 of the 6 workshop sessions; and
- Establish at least three contracts that will help to sustain the growth of these programs beyond the grant period.

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For more information:

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