

Welcome to TIM Talks

Increased Reimbursement for Care Coordination and the Potential Impact on Community Based Organizations (CBOs)

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Impact of Expanded Care Management on CBOs

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1 Changes in Care Mgmt Payment

2 Relevance to Health Reform

3 Key Takeaways for CBOs

4 Next Steps



2017 Physician Fee Schedule

- Proposed Ruling
 - Posted November 15, 2016
 - Regulation # CMS-1654F
 - Available: <https://www.gpo.gov/fdsys/pkg/FR-2016-11-15/pdf/2016-26668.pdf>
- Key Change related to CBOs
 - Significant expansion in care management reimbursement
 - Services can be outsourced to a third-party care management company



Proposed Rules Applicable to CBOs

- Chronic Care Management (CCM)
- Complex Chronic Care Management
- Behavioral Health Integration (BHI)



Purpose of additional Care Management resources

- Medicare Access and CHIP Reauthorization Act (MACRA)
 - Physicians and other healthcare providers are mandated to shift towards a value-based payment model
 - Reimbursement will begin to adjust based on outcomes for the population
 - Physicians whose population of Medicare patients have better health outcomes and lower costs will receive higher reimbursement than physicians whose patient populations have worse outcomes and higher costs
 - Physicians have an opportunity to expand care management to achieve improved health outcomes and receive compensation for providing the care management resources



Eligibility for chronic care management services

- Medicare Part B beneficiary
 - Medicare Only
 - Dual Eligible
- Two or more chronic conditions and risk of deterioration in health status if conditions are not managed well
- One of these chronic conditions can be a behavioral health condition
- Examples:
 - Congestive Heart Failure with an comorbidity of depression
 - Diabetes and heart disease



Concerns about access

- MACRA mandates that CMS track access and utilization for chronic care management for high-risk groups including the following:
 - Racial and ethnic minorities
 - Rural Populations



Why would there be a limitations on Physician use?

- These new services require the following:
 - Establish a person-centered care plan for care management for each participant
 - Have a clinical staff member that makes contact with each consumer each month and provide care management services according to the person-centered plan.
 - Services must occur for at least 20 min with additional time reimbursable with newly acknowledge codes



Support for Physicians to Expand Utilization of CCM

- Option to outsource services to a third party care management company with expertise in working with target populations
- Patient contact and care management is expected to be non-face-to-face
- Add-on code for reviewing the person-centered plan
- Services can be provided by “Clinical Staff” as compared to administrative staff
 - Clinical staff can be leased employees, contractors, or employees of a third party care management company



CPT/HCPCS Codes and Rates

Code	Description	Time Req.	Proposed Rates
99490	CCM	20 min	\$42.21
99487	Complex CCM	60 min	\$92.66
99489	Add-On CCM	+30 min	\$46.87
G0507	Behavioral Health Integration	20 min	\$44.00
G0506	Person-Centered Planning Add-On	One-time reimbursement. Not associated with time	\$63.68



Description of the population receiving CCM today

- 513,000 Unique Medicare beneficiaries received the service
- Frequency = 4 times per person
- Participants tend to have a higher disease burden and suffer from social determinants of health
- Recipients are more likely to be dual-eligible
- Physicians report clinical staff spending 45 – 60 min per month per beneficiary on CCM



Hospital Interview - December 2016

- I conducted an Interview with a hospital with higher than average readmission rates and a higher volume of Medicaid Dual-Eligible beneficiary population
- TCM/CCM Solution: Outsourced care management to a for-profit third party care management company
- Findings: Third party company makes a person-centered plan and makes suggestions about community resources to obtain necessary services – “They often give patients the number to the Office of Aging to get help”
 - Outcomes: Services not available (waiting lists)
 - System difficult to navigate



Behavioral Health Integration (BHI)

- Care Coordination for persons with a behavioral health diagnosis
- This service can be provided by a third party care management company
- Services can be reimbursed for the same beneficiary receiving CCM – during the same month
- BHI services
 - Outreach and engagement
 - Initial assessment/person-centered planning
 - Development of patient registries
 - Patient activation and health system navigation



Economics of Expanded Care Management

- Anywhere USA AAA
 - 50 year experience providing care management services for older adults and persons with disabilities in our local market
 - Medicaid Waiver provider with 60% of the waiver participants being dual-eligible beneficiaries
 - Total Waiver population = 1,500 participants (900 Duals)
 - Complex CCM for the 50% of the Duals in Waiver
 - $\$450 \times \$92.66 = \$41,697$ per month
 - Annual revenue = \$500,364



Key Takeaways

- Primary population receiving CCM today includes dual-eligible beneficiaries (total population = 513,000)
- MedPac data reports approximately 10 million dual-eligible beneficiaries nationwide
- MACRA baseline performance established CY2017
- Physicians can outsource CCM to a third-party care management company
- Third party must provide services using U.S. based clinical staff (cannot outsource to foreign call center)



Key Takeaways Cont.

- Current participants are more likely to suffer from social determinants of health
- Health outcomes for dual-eligible populations are negatively impacted by social determinants
- Poor Health Outcomes = MACRA reduction in physician reimbursement (baseline established 2017)



The Potential Role of the CBO

- Operate as a third-party Care Coordination / Care Management provider
 - Transitional Care Management (TCM)
 - CCM / Complex Care Management
 - Behavioral Health Integration (BHI)
- CBOs can become a direct supplier of services or support the provider to deliver these services
 - Clinical integration between community-based organizations and providers impacted by Alternative Payment Models and MACRA
 - Additional reimbursement pass through to CBO partner



Steps to Contracting for Care Management

- Market Analysis
- GAP Analysis
- Target physician groups serving the population that matches my strength and history
- Develop a business model that is cost-neutral to the provider
- Test the process for data capture and results starting with shared beneficiaries
- Transition model to reimbursement for care management



Prepare for Potential Push-back

- Your Organization has no experience providing care management services
 - We are the leading waiver case management provider in the region serving primarily duals and Medicaid and the only OAA service provider
- We cannot outsource the service unless your staff become our employees
 - Regulations specifically allow physicians to outsource the service to a third party and have no employer relationship with the staff performing the work
 - Services can be provided under General supervision



Prepare for Potential Push-back (cont.)

- You don't have evidence-based programs for this population
 - PEARLS, Stanford, Fall Prevention, etc.
- Only licensed staff can perform care management service
 - Requirements include clinical staff using CPT definition (AMA specifically supporting Health Coaches for this purpose)
- ACA will be repealed and replaced
 - MACRA is a separate bipartisan bill
- HIPAA prevents us from sharing any information with you to provide care management services
 - Requirements specifically outline that HIPAA requirements DO NOT prevent a physician from sharing clinical information with third party for this purpose



Seize the Opportunity – “My AAA is the Premier Care Mgmt organization serving high-risk duals in our area”

- MACRA will impose penalties on physicians based on health outcomes
- CMS Data shows that dual-eligible status has a statistically significant impact on health outcomes
- Increased risk in the market will require a different approach to delivering care
- Define the target population and/or geographic coverage area
- Have a clear contract model
 - Who is the responsible party on the contract?
 - Existing agency or network of CBOs
 - One contract to cover region



Questions

