

# Nebraska Department of Health and Human Services Chronic Disease Self-Management Education Program Grantee



## Goals, Strategies, and Activities

The overall purposes of this 3-year Capacity-Building grant are to:

- Develop capacity in areas with no or limited evidence-based program infrastructure to introduce, deliver, and expand the reach of evidence-based chronic disease-self-management education and self-management support programs within underserved geographic areas and/or populations; and
- Develop sustainability strategies to support the proposed programs during and beyond the grant period.

The Nebraska Department of Health and Human Services (Nebraska DHHS) and its partners will:

- Engage older adults and adults with disabilities in the Chronic Disease Self-Management Program (CDSMP) and Diabetes Self-Management Program (DSMP) across the state of Nebraska.
- Develop partnerships across local service delivery organizations to increase access to evidence-based programs.

- Leverage partnerships with health care organizations across the state that currently provide health care screenings through other Nebraska DHHS programs.

## Proposed Interventions

- Chronic Disease Self-Management Program
- Diabetes Self-Management Program

## Partnerships

To achieve the goals of the grant, the Nebraska DHHS will collaborate with the following key partners:

- Area Agencies on Aging
- Community Action Partnerships
- Diabetes Self-Management Education Task Force
- Federally Qualified Health Centers
- Local Health Departments
- Great Plains Quality Innovation Network



## Anticipated Results

The Nebraska DHHS and its partners propose to achieve the following results:

- Engage 450 participants in CDSMP and DSMP over the 3-year grant period.
- Maintain a 72% participant completion rate in both programs.
- Expand access to evidence-based programs among older adults that are low income, uninsured, or underinsured, as well as individuals living in rural communities.

### Contact:

Jamie Hahn

Nebraska Department of Health and Human Services

[jamie.k.hahn@nebraska.gov](mailto:jamie.k.hahn@nebraska.gov)

### For more information:

Administration for Community Living

U.S. Department of Health and Human Services

Washington, DC 20201

<http://www.acl.gov>

This project is supported by the Prevention and Public Health Fund 2018.

