

# KNOW YOUR *Rights!*

If you live in a nursing home or assisted living, you have:

The right to information, in a language you understand.

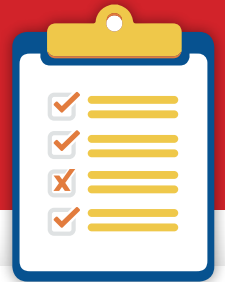


The right to participate in all aspects of your care.



The right to privacy and confidentiality.

The right to make **INDEPENDENT CHOICES** based on your needs and preferences.



The right to participate in social, religious, and **COMMUNITY ACTIVITIES.**



## THE RIGHT TO...

- safe and appropriate transfer and discharge, including the right to appeal decisions.
- complain without fear of repercussions.
- be free from discrimination, abuse, neglect, and restraints.



The right to organize and participate in resident groups or councils.

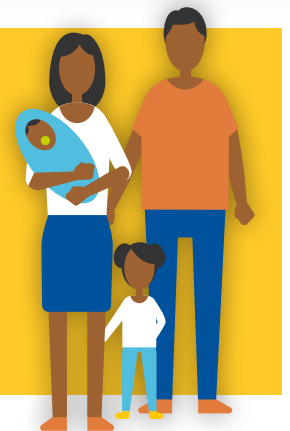


The right to information about living in the community.

The right to adequate medical care and treatment.



The right to **VISITS** from friends, family, providers and other people of your choosing.



Long-Term Care Ombudsman programs act as advocates for residents of nursing homes; board & care, and assisted living facilities; and similar residential care facilities. Find your local program: [acl.gov/ombudsman](http://acl.gov/ombudsman) or 800-677-1116