

Partners in Care Foundation Evidence-Based Falls Prevention Program Grantee



Goals, Strategies, and Activities

The overall purposes of this 3-year “Integrated Networks to Deliver and Sustain Evidence-Based Falls Prevention Programs” grant are to:

- Goal 1: Strengthen integrated state or regional networks that address the social and behavioral determinants of health of older adults and adults with disabilities; and
- Goal 2: Significantly increase the number of older adults and adults with disabilities who participate in evidence-based community programs to reduce falls and falls risk.

Partners in Care Foundation (*Partners*) and its partners will:

- Strengthen the Partners at Home delivery network;
- Establish county partnerships with local Emergency Medical Service Departments for referrals to evidence-based programs; and
- Integrate initiatives focused on social determinants of health with falls prevention programming.

Proposed Interventions

- A Matter of Balance
- Bingocize
- CAPABLE
- EnhanceFitness
- Stay Active and Independent for Life (SAIL)
- Tai Chi for Arthritis
- Tai Ji Quan: Moving for Better Balance

Partnerships

To achieve the goals of the grant, *Partners* will collaborate with the following key partners:

- Alameda County Health Care Services Agency
- California Department of Aging
- California Department of Public Health
- California Healthier Living Coalition
- Camarillo Health Care District
- Community based organizations (i.e. Area agencies on aging, low-income senior housing, senior centers, etc.)
- County Emergency Medical Service Departments
- Humboldt County Department of Public Health

Prevention and Public Health Fund 2020, effective August 1, 2020



- Kaweah Delta Health Care District
- Meals on Wheels Orange County
- On Lok
- San Diego County Aging and Independent Services
- Scripps Health
- San Joaquin County Department of Aging and Community Services
- The Health Trust

Contact:

Dianne Davis
Partners in Care Foundation
ddavis@picf.org

For more information:

Administration for Community Living
U.S. Department of Health and Human Services
Washington, DC 20201
<https://acl.gov/>

Anticipated Results

Partners and its partners propose to achieve the following results:

- Engage 6,786 participants and 3,773 completers in falls prevention programs in targeted areas;
- Reduce the number of self-reported falls;
- Increase physical activity and reduce fear of falling; and
- Secure three payer contracts to support program sustainability.

Prevention and Public Health Fund 2020, effective August 1, 2020

