Comagine Health
Chronic Disease Self-Management Education Program Grantee

Goals, Strategies, and Activities
The overall purposes of this 3-year grant are to:

- **Goal 1**: Strengthen integrated state, regional, or tribal networks that address the social and behavioral determinants of health of older adults and adults with disabilities.

- **Goal 2**: Significantly increase the number of older adults and adults with disabilities who participate in chronic disease self-management education and self-management support programs.

Comagine Health and its partners will:

- Develop and implement a comprehensive statewide plan for the Community Integrated Network of Oregon (CINO)
- Streamline referral workflows and processes to increase provider referrals and participant enrollment
- Establish relationships and billing infrastructure between the program delivery hub and health plans to increase program sustainability

Proposed Interventions

- Chronic Disease Self-Management Program (CDSMP)
- Diabetes Self-Management Program (DSMP)
- Programa de Manejo Personal de la Diabetes (Spanish DSMP)
- Tomando Control de su Salud (Spanish CDSMP)
- Walk With Ease (WWE)

Partnerships
To achieve the goals of the grant, Comagine Health will collaborate with the following key partners:

- Connect Oregon Community Information Exchange (CIE)
- Familias en Acción
- Freedmen’s Health
- Oregon Health Authority (OHA)
- Oregon Office on Disability and Health (OODH)
- Oregon State University Extension Service (OSU Extension)
- Oregon Wellness Network (OWN), Oregon Association of Area Agencies on Aging (O4AD)
- Welld Health

Prevention and Public Health Fund 2020, effective August 1, 2020
Anticipated Results

Comagine Health and its partners propose to achieve the following results:

- Engage 1,600 participants in SMRC programs and 1,400 participants in WWE programs
- Achieve program access in 65% of Oregon counties by April, 2023, and 100% of counties by April 2024
- Increase program enrollment from provider referrals to 30%
- Successfully submit 75% of eligible services for reimbursement.

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