

CJE SeniorLife

Evidence-Based Falls Prevention Program Grantee



Goals

The overall purposes of this 3-year grant are to:

- **Goal 1:** Through robust partnerships, develop a result-based, comprehensive strategy for reducing falls and falls risk among older adults and adults with disabilities living in your community; and
- **Goal 2:** Significantly increase the number of older adults and adults with disabilities who participate in evidence-based falls prevention programs, while concurrently pursuing the sustainability of these programs beyond the end of the grant period.

CJE SeniorLife and its partners will:

- Expand the availability of falls prevention programs to groups not typically reached by evidence-based programs, including people with HIV, Spanish-speaking individuals, minorities, low-income communities, and the LGBTQI community.
- Embed falls prevention programming into an existing social service network providing HIV and LGBTQI care.

Proposed Interventions

- Bingocize
- Otago

Partnerships

To achieve the goals of the grant, CJE SeniorLife will collaborate with the following key partners:

- AIDS Foundation of Chicago
- ACRIA Center for HIV and Aging
- Center on Addison
- GMHC
- Howard Brown Health
- National Resource Center on HIV and Aging
- Sinai Health System

Anticipated Results

CJE SeniorLife and its partners propose to achieve the following results:

- Enroll 1,365 participants in an evidence-based falls prevention program, with a 75% completion rate.

Prevention and Public Health Fund 2021, effective May 1, 2021



- Screen 2,000 older adults and adults with disabilities using the CDC Stay Independent Tool to provide them with referrals to evidence-based falls prevention programs.
- Recruit and support at least 24 lay leaders to become Bingocize or Otago certified with at least 24 new programs enacted.
- Educate at least 100 health care professionals about falls prevention programs and program referral mechanisms.

Contact:

Dr. Margaret Danilovich
Leonard Schanfield Research Institute,
CJE SeniorLife
margaret.danilovich@cje.net

For more information:

Administration for Community Living
U.S. Department of Health and Human Services
Washington, DC 20201
<http://www.acl.gov>

Prevention and Public Health Fund 2021, effective May 1, 2021

