

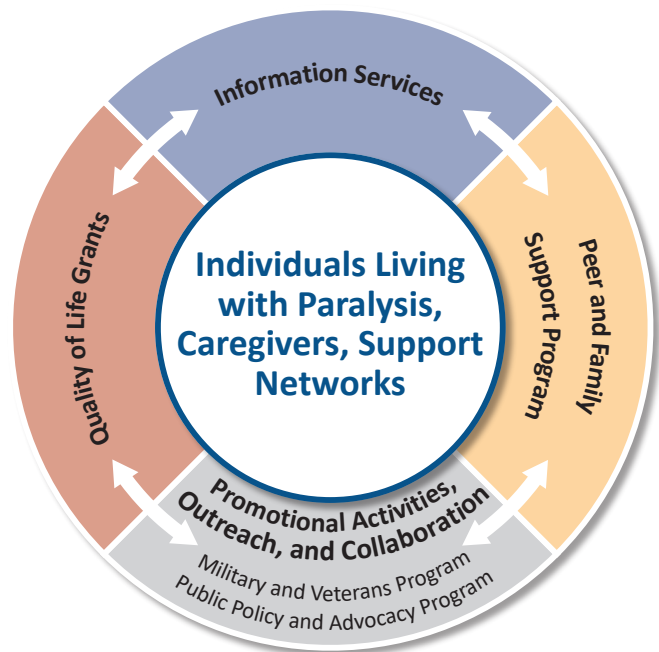
# National Paralysis Resource Center Evaluation

The National Paralysis Resource Center (NPRC) seeks to improve the quality of life for people living with paralysis, their families, and caregivers by providing information, grants, resources, and support.

## FOUR MAJOR NPRC ACTIVITIES

The NPRC offers many services, including the four programs that are the foci of this evaluation:

- Information Services
- Peer and Family Support Program
- Promotional Activities Outreach, and Collaboration
- Quality of Life Grants



## EVALUATION DESIGN

The evaluation collected several types of data for each NPRC Program.

NPRC Activity	Document Review	Staff Interviews	Focus Groups	Surveys	Other Interviews
Peer and Family Support Program	•	•	•	•	•
Quality of Life Grants Program	•	•	•	•	
Promotional Activities, Outreach, and Collaboration	•	•	•		
Information Services	•	•			

## FINDINGS

### Peer and Family Support Program



- Peer mentees request assistance finding local resources.
- Peer mentors and peer mentees usually meet virtually and do not typically reside in the same communities.
- Peer mentors reported positive experiences, but some hoped for more mentoring opportunities.
- Some peer mentees reported that peer mentoring had not met all their goals, though a new peer-matching NPRC database may address this concern.

### Quality of Life (QOL) Grants



- QOL grant programs positively impact people living with paralysis and their support networks.
- Use of grant-funded initiatives was found to improve self-selected QOL-related outcomes for people living with paralysis.
- Grantees indicated that QOL program staff are especially helpful with supporting grantees' program implementation challenges.
- Grantees would like more NPRC assistance with collecting evaluation data from end-users.

### Promotional Activities Outreach, and Collaboration



- Promotional activities and outreach have increased views of NPRC YouTube channel content.
- Partnerships are increasing NPRC resource visibility (e.g., partnerships with Department of Veterans Affairs offices).
- Public policy education helps increase empowerment and confidence among people living with paralysis.
- NPRC staff who run the Regional Champions program are key to its success.

### Information Services (IS)



- IS program activities help improve health and quality of life.
- IS inquiries have been declining in recent years and may represent a change in how people access the NPRC website, social media, and YouTube channels.
- The recent NPRC website redesign has the potential to increase future IS inquiries.

## CROSS-PROGRAM NPRC CONCLUSIONS

Cross-program analyses show a net favorable perception of the NPRC's activities and programs, though findings are based on a small respondent pool that may not represent the entire population.