

Prince George's County, Maryland

GoLden years Of Wellness (GLOW), Fiscal Year 2026

Chronic Disease Self-Management Education Grantee Profile, Fiscal Year 2026

Goals

This 3-year grant aims to:

- Enhance statewide capacity to deliver Diabetes Self-Management Program (DSMP) and Screening, Brief Intervention, and Referral to Treatment (SBIRT) with supportive services to adults 60+ with Type 2 diabetes and behavioral health challenges across 13 Maryland counties.
- Develop and disseminate Section 508-compliant resources documenting GLOW's implementation, lessons learned, and best practices to aid sustainability.

Activities

The grantee and its partners will:

- Establish statewide partnerships with NAMI Maryland, MABHA, and MACHO.
- Create 13 Local Implementation Site Teams (LISTs) led by local health departments with AAAs, LBHAs, NAMI chapters, and local providers.
- Train DSMP lay leaders, SBIRT behavioral health counselors, and community health workers for SDOH screening/support.
- Build a multi-directional referral network in EPIC population health software to connect participants across LISTs and partners.
- Provide transportation vouchers and wraparound supports (motivational interviewing, text reminders, home visits) to address retention and rural connectivity.
- Convene a Sustainability Committee and develop 24 Section 508-compliant resources culminating in a capstone toolkit.

Interventions

- Diabetes Self-Management Program (DSMP)
- Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Partners

To achieve the goals of this project, the grantee will collaborate with these key partners:

- Maryland Association of Behavioral Health Authorities (MABHA)
- Maryland Association of County Health Officers (MACHO)
- National Alliance on Mental Illness (NAMI) Maryland
- Prince George's County Department of Family Services (Area Agency on Aging)
- 13 Local Implementation Site Teams across urban, suburban, and rural counties

Outcomes

The grantee anticipates the following results from this project.

- 3,000 adults 60+ served through DSMP and SBIRT combined, with 2,250 DSMP completers (75% completion).
- Capacity-building partnerships and a referral network established with statewide organizations.
- Training completed for master trainers, lifestyle coaches, behavioral health counselors, and community health workers; 24 508-compliant resources produced, including a capstone toolkit.

Grantee Contact

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